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# A Morphological Study on Cervical Vertebrae and It's Clinical Relevance

Padmalatha K<sup>1</sup>, Kalpana S Udupa<sup>2</sup>, Bindusar G Hosmani<sup>3</sup>

## Abstract

**Background:** Cervical vertebrae are seven in number. C3-6 are typical whereas C1 (Atlas), C2 (Axis) and C7 (Vertebrae prominens) are atypical. The cervical vertebrae are identified by the presence of foramen transversarium in the transverse process. Skeletal abnormalities of cervical region or in craniocervical region are of interest to anatomists, orthopaedicians, neurologists, neurosurgeons and even orthodontists. These abnormalities may result in severe neck pain, decreased neck mobility, muscular weakness and sensory deficits of both upper limbs and sudden unexpected deaths. **Aims and Objectives:** The present study is carried out to know the incidence of variations with respect to it's morphology seen in both typical and atypical cervical vertebrae. **Materials and Methods:** The study is conducted on a total of 210 dry human adult cervical vertebrae of both sexes obtained from Department of Anatomy, ESIC Medical College & PGIMS, Rajajinagar, Bengaluru. The cervical vertebrae showing variations with respect to it's morphology were identified and the photographs were taken. **Results:** We came across the presence of fused cervical vertebrae (C2, 3 & 4) and (C6 & 7), arcuate foramen, elongated odontoid process, assymetrical foramen transversarium and double foramen transversarium. **Conclusion:** A thorough knowledge of these variations will be helpful for neurosurgeons, radiologists, head & neck and vascular surgeons.

**Keywords:** Cervical Vertebrae; Foramen Transversarium; Arcuate Foramen; Odontoid Process; Fused Vertebrae.

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## Introduction

Cervical vertebrae are the smallest of the moveable vertebrae and are characterized by a foramen in each transverse process. They are classified as atypical or peculiar cervical vertebrae which includes first, second and seventh vertebrae, and typical cervical vertebrae which includes third, fourth, fifth and sixth vertebrae [1].

Foramen transversarium which is the

characteristic feature of cervical vertebrae is formed by the vestigial costal element fused to the body and the true transverse process of vertebra. The vertebral vessels and nervous plexus are caught between these two bony parts and closed laterally by costotransverse bar which is a thin plate of bone that connects the rib element to the original transverse process [2].

## Materials and Methods

Two hundred and ten dried human cervical vertebrae were obtained from Department of Anatomy at ESIC Medical College & PGIMS, Rajajinagar Bengaluru to study the variations with respect to morphology of cervical vertebrae, it's incidence and clinical relevance. All the cervical vertebrae were examined, defective bones were excluded from the study. Cervical vertebrae showing variations with respect to morphology were compiled and photographed.

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**Author's Affiliation:** <sup>1</sup>Associate Professor <sup>2,3</sup>Intern, Department of Anatomy, ESIC Medical College & Post Graduate Institute of Medical Science and Research, Bengaluru, Karnataka 560010, India.

**Corresponding Author:** Padmalatha K, Associate Professor, Department of Anatomy, ESIC Medical College & Post Graduate Institute of Medical Science and Research, Bengaluru, Karnataka 560010, India.

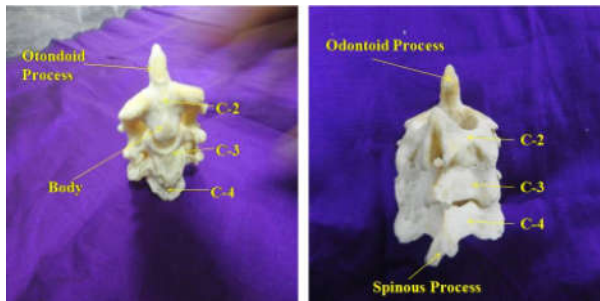
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**Results**

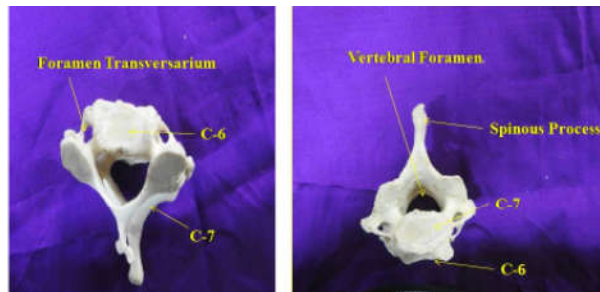
We came across the presence of fused cervical vertebrae in two, firstly where second, third and fourth vertebrae were fused and in second bone where sixth and seventh cervical vertebrae were fused [Figs. 1a,1b,2a,2b,3a &3b] & [Table 1].

Fused Cervical Vertebrae [2,3,4]



**Fig. 1a:** Anterior View      **Fig. 1b:** Posterior View

Fused Cervical vertebrae [6 & 7]



**Fig. 2a:** Superior View      **Fig. 2b:** Inferior view

Fused Cervical Vertebrae [6 & 7]



**Fig. 3a:** Lateral View      **Fig. 3b:** Posterior View

**Table 1:** Incidence of Fused Cervical Vertebrae

Type of Variation	No of cases	Incidence%
Fused Cervical Vertebrae (2,3 & 4) & (6 & 7)	02	0.95

Two bones showing the presence of arcuate foramen, both the bones showing presence of

arcuate foramen unilaterally on the left side. [Figure 4 & 5] & [Table 2].

Arcuate Foramen



**Fig. 4:** Superior View

Arcuate Foramen



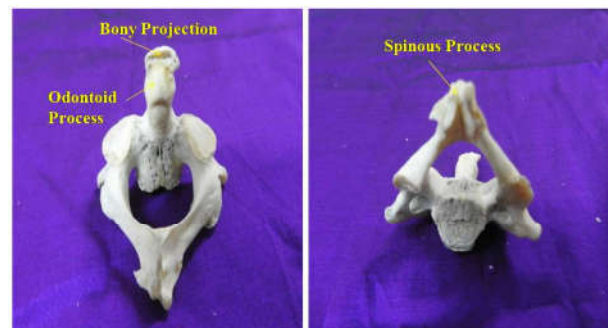
**Fig. 5:** Inferior View

**Table 2:** Incidence of Arcuate Foramen

Type of Variation	No of cases	Incidence %
Arcuate Foramen (unilateral) on left side	02	0.95
Arcuate Foramen (unilateral) on right side	00	00
Arcuate Foramen (bilateral)	00	00

One axis bone presented with an elongated projection on odontoid process [Figure 6a & 6b] & [Table 3]

Elongated Bony Projection on Odontoid Process



**Fig. 6a:** Postero-superior View

**Fig.6b:** Inferior View

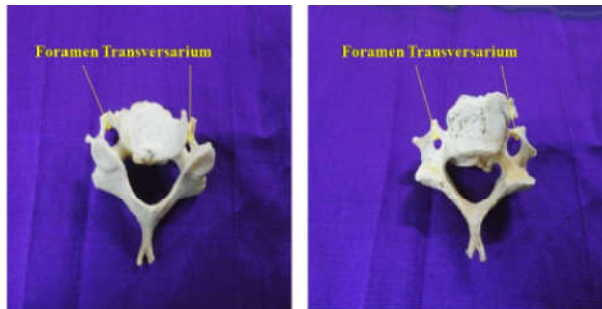


**Table 3:** Incidence of Elongated bony projection on Odontoid process

Type of Variation	No of cases	Incidence%
Elongated bony projection on odontoid process	01	0.48

The occurrence of assymetrical foramen transversarium was seen in one typical cervical vertebra.[ Figure 7a & 7b] & [Table 4]

Asymmetrical Formen Transversarium



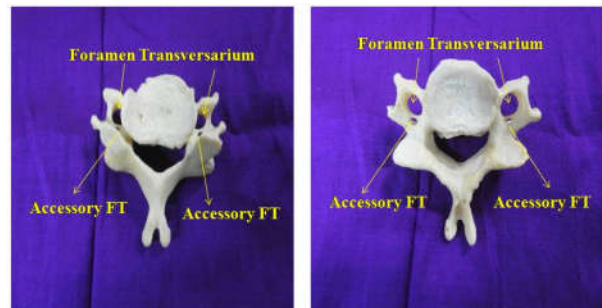
**Fig. 7a:** Superior View      **Fig. 7b:** Inferior View

Double Foramen Transversarium



**Fig. 8:**

Bilateral Double Foramen Transversarium

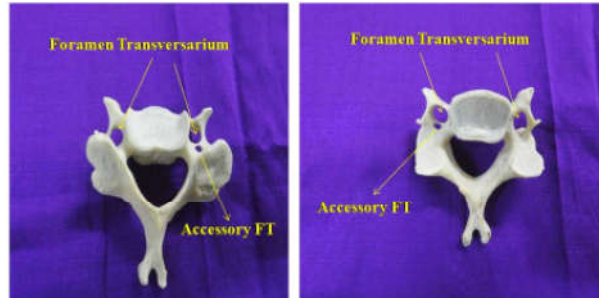


**Fig. 9a:** Superior View      **Fig. 9b:** Inferior View

The occurrence of double foramen transversarium was seen in five bones bilaterally and in five bones unilaterally. The double foramen transversarium bilaterally present in four typical cervical vertebrae

and one atlas, whereas unilaterally present in four typical cervical vertebrae and one atlas, all were present unilaterally on the right side [ Figure 8,9 &10] & [Table 5]

Unilateral Double Foramen Transversarium



**Fig. 10a:** Superior View      **Fig. 10b:** Inferior View

**Table 5:** Incidence of Double Foramen Transversarium

Type of Variation	No of cases	Incidence%
Double Foramen Transversarium (bilateral)	05	2.38
Double Foramen Transversarium (unilateral) on right side	05	2.38
Double Foramen Transversarium (unilateral) on left side	00	00

**Discussion**

Fused cervical vertebrae is also considered as Block vertebrae. The Orthodontist will usually be the first ones to identify cervical abnormalities as they are asymptomatic until adolescence or young adulthood. The congenital fusion of second cervical vertebra axis with the third cervical vertebrae will limit the movements taking place between these bones and therefore third cervical vertebra is known as "Vertebrae Critica" by Cave. This anomaly may be asymptomatic, however it may also present with manifestation of serious clinical features such as Myelopathy and also may be associated with syndromes such as Klippel-feil & Crouzon's syndrome. Fused cervical vertebrae results in limitation of neck movements, muscular weakness, atrophy and morphological sensory loss [3].

Location of Block Vertebrae in order of frequency are cervical spine (C2,3 and C5,6), lumbar spine (L4,5) and any sections of thoracic spine [4].

Vertebral fusion anomalies are likely to be associated with disturbance of pax-1 gene expression in the developing vertebral column [5].

Defects in the development of occipital and cervical somites and effect of environment, genetic factors during third week of conception may lead to

such fusion of vertebra [6].

Vertebral column starts developing during third week with segmentation of paraxial mesoderm forming somites. Failure of normal segmentation of embryological spines may lead to fused vertebra/block vertebra. If congenital, it can be one of the primary malformation of chorda dorsalis [7].

If acquired, it's usually associated with serious diseases such as juvenile rheumatoid arthritis, tuberculosis and trauma. Incidental radiographic findings helps in the early diagnosis of fused cervical vertebrae [8].

*Arcuate foramen* is a foramen or canal present when sulcus arteriae vertebralis which is situated on the cranial surface of posterior arch of atlas occasionally gets converted into foramen by a bony bridge [9].

First description of of arcuate foramen was done by Kimmerle in the year 1930. Arcuate foramen has many other names like kimmerle's anomaly/foramen atlantoideum/foramen retroarticulare superior/ponticulus posterior of atlas. It is usually associated with chronic tension type headaches and neurosensory type hearing loss [10].

Arcuate foramen is classified into three groups depending upon complete or incomplete ossification of the ligaments

- I Represents retroarticular impression on posterior arch of atlas
- II Defined retroarticular sulcus
- III Complete bony ring [11].

Arcuate foramen is associated with Barie-Lieou syndrome which presents with headache, retroorbital pain, vasomotor disturbance of face, disturbance of vision, swallowing and phonation [12].

*Elongated Bony projection on odontoid process* occurs as a result of calcification of the ligaments attached to dens. It usually develops as a result of inflammatory disease/ traumatic injury especially in elderly [13].

The various odontoid anomalies are Os Odontoideum, posteriorly inclined odontoid, Os terminale, odontoid hypoplasia, odontoid aplasia, odontoid duplication and anteverted odontoid [14].

Calcium deposition around odontoid process results in crowned dens syndrome where in patients presents with neck pain and increased body temperature. It can be misdiagnosed as polymyalgia rheumatica, giant cell arteritis, meningitis or spondylitis [15].

*Assymetrical Foramen transversarium* results due to tortuosity of vertebral artery, which may cause bone destruction and hence may be a factor determining the size of foramen transversarium and asymmetry in size of foramen transversarium [16]

Impingement of osteophytes from uncinat process and articular process of cervical vertebrae is also responsible for narrowing of foramen transversarium and compression of vertebral artery or irritation of surrounding sympathetic plexus [17]

*Double foramen transversarium* occurs due to variations in the vertebral vessels which will be manifested in the changes of foramen transversarium as vertebral vessels play a key role in the formation of foramen transversarium. In contrast, variations of foramen transversarium can be useful in estimating the variations of vessels [18].

If foramen transversarium is divided by fibrous/bony bridge, separating the artery and vein, the smaller posterior part encloses a branch of nerve and vertebral vein which forms the accessory vertebral foramen [19].

Variations of foramen transversarium causes vertebrobasilar insufficiency as a result of neck movements, may also result in headache, migraine and fainting attacks [20].

Double foramen transversarium is also correlated with duplicate vertebral artery, bifid/duplicate origin and fenestration of vertebral artery [21].

## Conclusion

In the present study the following variations of the cervical vertebrae were observed

Fused cervical vertebrae-0.95%

Arcuate foramen-0.95 %

Elongated bony projection -0.48%

Assymetrical foramen transversarium-0.48%

Double foramen transversarium-bilateral-2.38%

Double foramen transversarium-unilateral on right side-2.38%

Double foramen transversarium-unilateral on left side-0%

These variations are noteworthy to neurosurgeons, orthopaedicians, surgeons, spine surgeons and radiologists. Knowledge of such anomalies is important for anaesthesiologists also during endotracheal intubation.



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## Estimation of Stature from Cephalo-Facial Dimensions: A Cross Sectional Study in Central India

Monali Hiwarkar<sup>1</sup>, Anjali Prasad<sup>2</sup>, Onjal Taywade<sup>3</sup>

### Abstract

**Introduction:** Highly decomposed, mutilated & dismembered body parts like skull or facial remains are often brought for the medico-legal examination. Under such circumstances, cephalo-facial parameters are crucial in establishing the identity of the deceased. **Aim:** Estimation of stature from cephalo-facial measurements like horizontal head circumference, morphological facial length and bigonial diameter and to derive regression formulae to estimate stature in central India population. To find coefficient of correlation between stature & different cephalo-facial measurements. **Material and Methods:** A cross sectional study comprised of total 300 healthy students (187 Females and 113 Males) in the age range 18-23 years were included. The subjects were studied for the parameters- height (stature), horizontal head circumference, morphological facial length, bigonial diameter. **Results:** The average stature of male & female were found to be 171.33 & 157.34 cm respectively with range of 149 to 193 in males & 144.6 to 171.2 in females. We found weak correlation between stature and cephalo-facial measurements in males as well as female subjects. Though the correlation was weak it was significant and higher in females as compared to males. **Conclusion:** This study suggests that stature could be estimated using cephalo-facial measurements like horizontal head circumference, morphological facial length, bigonial length etc. The mean values for males were higher than those of females. However the correlation was weak and need to be validated on larger population.

**Keywords:** Stature; Horizontal Head Circumference; Morphological Facial Length; Bigonial Diameter.

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### Introduction

Anthropometry is the science of obtaining systematic measurements of human body. Stature represents the length of the body in standing position from head to foot; which is one such important parameter that helps in personal identification [1]. It has a definite & proportional biologic relationship with each & every part of

our body like head, face, trunk & extremities [2]. The estimation of height from measurements of different body parts has always attracted interest of anatomists, anthropologists and forensic experts as well. It has important application in medico-legal as well as forensic examination, especially during natural calamities, mass disaster, surgery & biomedical engineering [1-3].

For medico- legal examination often highly decomposed, mutilated & dismembered body parts are presented to forensic expert. Sometimes only skull or facial remains are brought for such examination. Under such circumstances, cephalo – facial parameters are crucial in establishing the identity of the deceased [3]. During embryonic life the skeletal elements develop through two different embryonic processes. The enchondral ossification gives rise to facial bones, vertebrae, long bones & lateral part of clavicles. The intramembranous ossification gives rise to flat bones of cranium and medial clavicles.

**Author's Affiliation:** <sup>1</sup>Assistant Professor <sup>2</sup>Associate Professor, Department of Anatomy, Index Medical College, Hospital & Research Center, Indore, Madhya Pradesh 452001, India. <sup>3</sup>Assistant Professor, Department of Biochemistry, MGM Medical College, Indore, Madhya Pradesh 452001, India.

**Corresponding Author:** Anjali Prasad, Associate Professor, Department of Anatomy, Index Medical College, Hospital & Research Center, Indore, Madhya Pradesh 452001, India.

E-mail: [anjaliPrasad28@gmail.com](mailto:anjaliPrasad28@gmail.com)

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Many studies have been conducted on the determination of stature from percutaneous measurements of various body parts including arms, legs, feet, hands, etc. [4-10] and establishment of such anthropometric data bank is essential to determine one's stature, age, sex & race etc.

The studies conducted on cephalo-facial measurements to estimate the stature are limited. Hence, the present research project was designed to study the correlation of stature with cephalo - facial measurements & to derive regression formulas for determining the stature.

#### *Objectives*

To find correlation between stature & different cephalo-facial measurements. To derive regression formulae to estimate stature from horizontal head circumference (HCC), morphological facial length (MFL) and bigonial diameter (BD).

#### **Material and Methods**

The present study was a cross sectional study comprised of total 300 healthy students after getting ethical clearance from institution. 187 females and 113 males students in the age group 18-23 years, of first year medical faculties (MBBS, BDS, BPT) at Index Medical College, Indore. During this age, height remains more or less static.

Those having any obvious congenital physical abnormality, history of any facial surgical procedures, old fractures, metabolic or developmental disorders or any significant disease which could have affected the general or bony growth were excluded from the study.

The subjects were studied for the following parameters.

1. Height (Stature)
2. Horizontal Head Circumference
3. Morphological Facial Length.
4. Bignonial Diameter

All the measurements were taken three times and the mean was taken to minimize subjective errors. The measurements were always taken at a fixed time, between 3-5 pm, to eliminate discrepancies of diurnal variation and by the same person to avoid error in methodology.

The instruments used in the study were

1. Stadiometer
2. Spreading caliper

All the measurements were taken using standard anthropometric instruments in centimeter to the nearest millimeter.

#### *Measurement of Stature*

Stature (height) is a measure of vertical distance from vertex to floor where Vertex is the highest point on the head in the mid-sagittal plane, when the head is held erectly or in Frankfurt's plane. Height was measured from vertex to floor by stadiometer with subject standing barefooted, erect on an even floor, in the Frankfurt's plane, passing through the lowest points on the infra-orbital margins and the tragion (the notch immediately above the tragus of the ear). The distance was measured from the highest point on the subjects head to the ground [11].

#### *Measurement of Horizontal Circumference of Head*

It is the maximum circumference of the head, usually horizontal just above the eyebrow ridges, measured from just above the glabella area to the area near the top of the occipital bone (opisthocranium). It was measured with the help of measuring tape [12].

#### *Morphological Facial Length*

It is the straight distance from gnathion to the nasion. Nasion is the median point at which a horizontal tangential to the highest points on the superior palpebral sulci intersects the mid sagittal plane when the subject is looking straight ahead. Gnathion is the lowest point on the lower border of mandible in the mid sagittal plane. It was measured with the help of sliding calliper [3].

#### *Bignonial Diameter*

It measures the straight distance between the two gonion, rounded postero-inferior corner of the mandible between ramus and the body. It was measured with the help of Spreading caliper [11].

The data collected was subjected to statistics to get mean, standard deviation, Pearson's correlation coefficient, regression analysis etc. using SPSS software (version 20).

#### **Results**

The data from this study was first analyzed for normality. Pearson's correlation (r) between stature & cephalo facial measurements was estimated. Regression equations for estimating height (Ht)

from cephalo-facial measurements along with standard error of estimates were derived.

& range of stature & different cephalo-facial measurements in male was higher than that of female subjects.

Form Table 1 & 2 it is clear that the mean, SD

**Table 1:** Summary of stature & cephalo-facial measurements

n=300	Age	Stature/Height	HHC	FL	BD
Mean	19.84	162.61	54.77	9.8	9.35
SEM	0.07	0.52	0.12	0.04	0.04
Median	20	161.3	54.5	9.8	9.2
SD	1.18	9.02	2	0.71	0.75
Range	8	48.4	11.5	4.5	3.7
Min	17	144.6	50	8	8
Max	25	193	61.5	12.5	11.7

SEM-Std error of mean, SD- Std deviation.

**Table 2:** Gender specific findings of stature & cephalo-facial measurements

Mean (SD)	Age	Height	HHC	FL	BD
Females 187	19.71 (1.18)	157.34 (5.31)	53.77 (1.40)	9.57(0.64)	9.05(0.60)
Males 113	20.05 (1.16)	171.33 (6.89)	56.42 (1.73)	10.16(0.68)	9.85(0.72)

**Table 3:** Pearson’s correlation (r) between stature & cephalo-facial measurements

Parameters	r- value (significance) males	r- value (significance) females
HHC	0.191 (0.043)	0.324 (<0.001)
FL	0.313 (0.001)	0.309 (<0.001)
BD	0.248 (0.008)	0.281 (<0.001)

**Table 4:** Regression equations for estimating height (Ht) from cephalo-facial measurements along with std error of estimates (SEE)

Parameter	Regression Equation (n=300)	SEE	Regression Equation (males)	SEE	Regression Equation (females)	SEE
HHC	Ht= 15.57 + 2.7x HHC	7.49	Ht= 128.47+ 0.76xHHC	6.78	Ht= 91.56 + 1.22xHHC	5.03
FL	Ht= 101.92 + 6.3x FL	8.13	Ht=138.99 + 3.18xFL	6.56	Ht= 132.75+ 2.56xFL	5.06
BD	Ht= 103.86 + 6.44xBD	7.89	Ht= 147.80+ 2.38xBD	6.70	Ht= 134.72+ 2.56xBD	5.11

**Table 5.** Comparison of correlation coefficient (between stature & different cephalo-facial parameters) from previous studies.

Sr. No.	Author Name	Gender	HHC	MFL	BD
1	Kalia et al. [13]	Male	0.14*	-	-
2	Krishan Kumar [14]	Male	0.773*	0.345*	0.449*
3	Krishan [2]	Male	0.781*	0.455*	0.462*
4	Mahesh Kumar [15]	Male	0.122*	0.177*	0.164*
		Female	0.181*	0.150*	0.119*
5	Agnihotri et al. [12]	Male	0.494	0.328	0.022
		Female	0.375*	0.164	0.159
6	Datta S [3]	Male	-	0.2721	-
		Female	-	0.1669	-
7	Present study	Male	0.191*	0.313*	0.248*
		Female	0.324*	0.309*	0.281*

\*- Results are statistically significant.

**Table 6:** Comparison of regression equations of height with published data.

Sr No	Author Name	Population	Sample Size	HHC	MFL	BD
1.	Kewal Krishan [14]	Gujjars	996 M	Ht= 65.156 + 2.034 (HHC)	Ht= 121.869 + 4.618 (MFL)	Ht= 109.991 + 6.483 (BD)
2.	Mahesh Kumar [15]	Haryana	400-M 400-F	Ht= 126.57 + 0.523 (HHC)	Ht= 147.62 + 0.740 (MFL)	Ht= 147.61 + 0.733 (BD)
3.	Jibon kumar [16]	Naga of Manipur	199 M	-	-	Ht= 107.004 + 3.913 (BD)
4.	Thoudam [17]	Manipur Muslims	200-M	-	Ht= 128.206 + 2.989 (MFL)	-
5.	Shah [11]	Gujarati	676-M 225-F	-	Ht= 147.413 + 1.418 (MFL)	Ht= 150.804 + 1.01 (BD)
6.	Present Study	Madhya Pradesh	113-M 187-F	Ht= 128.47 + 0.76 HHC Ht= 91.56 + 1.22 HHC	Ht= 138.99 + 3.18 x MFL Ht= 132.75 + 2.56 x MFL	Ht= 147.80 + 2.38 x BG Ht= 134.72 + 2.56 x BG

### Conclusion

This study suggests that stature can be estimated from cephalo-facial measurements like, horizontal head circumference, morphological facial length, bigonial diameter etc. Though the correlation was weak it was more significant in females. The regression equations for estimation of stature can be used on specified population or region. However, these equations need to be validated on larger population before using for medico-legal purpose.

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## Correlation of Human Height with Foot Dimensions: A Study in Young Population of Central India

Sundip Charmode Hemant<sup>1</sup>, Pujari Dinanath Keshavbhat<sup>2</sup>, Kadlimatti Huchchesha shivappa<sup>3</sup>

### Abstract

**Background and Objective:** Identification of sex, age, race and stature is the most important aspect of investigations in cases of mass disasters. Hand and foot dimensions has a strong correlation with stature and if either of the measurements is known, the other can be calculated. With this objective, the present study was proposed to correlate the foot dimensions with stature of an individual. **Methodology:** This cross-sectional study was conducted amongst 1000 participants (500 male and 500 female) of ESIC Institute Gulbarga over a period of 14 months. Foot length, foot breadth along with stature was measured. **Results:** Mean stature was 161.88. Mean Foot length on Right side was 24.34 cm and Mean Foot length on left side was 24.32 cm. Mean Foot Breadth on Right side was 8.95 cm and Mean Foot Breadth on left side was 8.96 cm. Linear Regression coefficient was calculated. Interpretation and **Conclusions:** Highly significant difference in right and left side mean foot length and breadth measurements was observed. Also observed was a strong positive statistically significant correlation between height and foot dimensions. This data could be useful for forensic, epidemiological and anthropometric studies where stature determination is of utmost importance.

**Keywords:** Correlation; Foot Length; Foot Breadth; Human Stature; Linear Regression Coefficient.

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### Introduction

Many studies in the past have studied the importance of measuring the hand and foot dimensions to estimate stature. The hand and foot dimensions, being genetically derived varies in different races and ethnic groups and is used to determine sex, age, stature and nutritional status of an individual.

Identification of sex, age, race and stature are the most important aspect of investigations in cases of mass disasters like Bomb explosions, public vehicle

(plane, railway, bus, truck, car) accidents, cross border terrorist attacks, natural calamities, murders where bodies or isolated extremities are found in disintegrated, mutilated and skeletonized state [1-2].

Hand and Foot dimensions have been found to have a correlation with the stature of an individual. There is a strong correlation between stature and foot dimensions and if either of the measurements is known, the other can be calculated. With this objective, the present study was designed to correlate the Foot dimensions with Stature of an individual and to record the standard deviation in the estimation of Stature.

### Aim

To study the relationship between foot dimensions with human stature.

### Materials and Methods

**Study design:** Descriptive cross sectional study

**Author's Affiliation:** <sup>1</sup>Assistant Professor <sup>2</sup>Associate Professor <sup>3</sup>Professor and Head, Dept. of Anatomy, ESIC Medical College, Gulbarga, Sedam Road, Kalaburagi, Karnataka 585106, India.

**Corresponding Author:** Pujari Dinanath Keshavbhat, Associate Professor, Dept. of Anatomy, ESIC Medical College Gulbarga, Sedam Road, Kalaburagi, Karnataka 585106, India.

**E-mail:** drdinanath1971@gmail.com

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*Setting:* Department of Anatomy, ESIC Medical College and Hospital, Gulbarga, Karnataka.

*Duration of study:* 14 months; From 31st October 2017 to 31st December 2018.

*Sample size:* 1000 participants including Medical, Dental and Nursing students aged between 17 and 20 years of age in ESIC Institute, Gulbarga.

#### *Sampling technique*

*Inclusion criteria:* Medical, Dental and Nursing students aged between 17 and 20 years in ESIC Institute, Gulbarga.

#### *Exclusion criteria*

Students of NRI quota and students those with poorly defined wrist creases, deformities of vertebral column & limbs, contractures, missing limbs, history of trauma to hand and foot, with features suggestive of dysmorphic syndromes, chronic illness, hormonal therapy were excluded from the study [3-4].

#### *Sample selection*

Simple random sampling method [5] was used to select 1000 Medical, Dental and Nursing students out of total 3000 students in ESIC Institute Gulbarga satisfying the inclusion criteria. These subjects belonged to 1st to 3rd year, hence were easily accessible and also represented the young adult age group.

#### *Data collection procedure*

*Foot Length:* Each subject was made to stand on a Calibrated Foot Board with his/her back against the wall in such a manner that the posterior most point of the heel would gently touch the wall. A vertical stop was placed against the anterior most point of the foot. The distance between the posterior most point of the heel and the anterior most point of the foot was measured as the foot length. (Anitha Oommen et al. [6], 2005).

*Foot Breadth:* It was be measured as distance between Metatarsal tibiale (point projecting most medially on the head of the 1st metatarsal bone) and Metatarsal Fibulare (point projecting most laterally on the head of the 5th metatarsal bone) (Rati Tandon et al. [7], 2016)

*Height:* Standing height was measured to the nearest centimeters (cm) using a Stadiometer with

subject standing erect on a horizontal resting plane bare footed having the palms of the hands turned inward and the finger pointing downwards. The height was measured from the sole of the feet to the vertex of the head as recommended by International Biological Program. (A. Ibegbu, David et al, [8], 2013)



**Fig 1:** Foot length measured as distance between the posterior most point of the heel and the anterior most point of the foot



**Fig 2:** Measured as distance between point projecting most medially on the head of the 1st metatarsal bone and point projecting most laterally on the head of the 5th metatarsal bone.



**Fig 3:** Measurement of height was from the sole of the feet to the vertex of the head

*Data collection tools:* Vernier slide calipers, Calibrated foot board, Stadiometer, Regular weight

machine, Questionnaire for collection of personal details, academic scores, Lead pencils, stationary etc. Data collected were tabulated, graphically represented and statistically analyzed.

**Results**

Statistically highly significant positive correlation was observed between Height and Foot length of both sides ( $p < 0.01$ ). Table 1 reveals that, foot length of both sides was also significantly more amongst those having more height.

Statistically highly significant positive correlation was observed between Height and Foot breadth of both sides ( $p < 0.01$ ). Table 2 reveals that, foot breadth of right or left side was significantly more in those participants whose height was more.

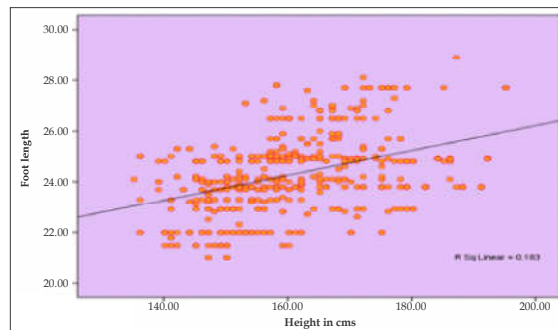
There is statistically very highly significant difference in Foot length, Foot breadth and Height among males and females ( $p < 0.001$ ). Foot length, Foot breadth on both sides and Height was found significantly more in males compared to females.

**Table 1:** Correlation of Foot length and stature

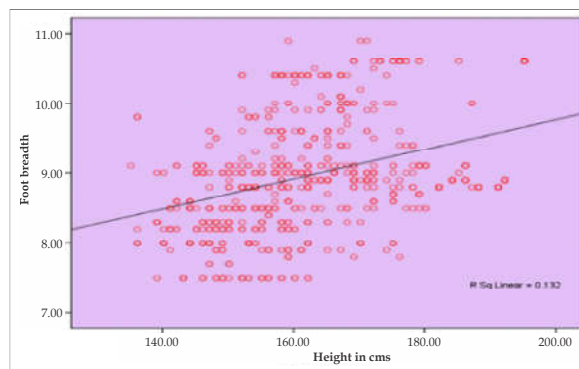
Variables	Minimum	Maximum	Range	Mean	SD	N	Correlation r	p value
Height (cm)	135.2	195.2	60.0	161.88	13.45	1000	--	--
Foot length right (cm)	21.0	28.9	7.9	24.34	1.54	1000	$r = 0.428$	$p < 0.01$ HS
Foot length left (cm)	21.5	29.0	7.5	24.32	1.50	1000	$r = 0.516$	$p < 0.01$ HS
Linear Regression Equation	Height = 71.391 + 4.782 (Foot length right)							
Linear Regression Equation	Height = 49.706 + 4.786 (Foot length left)							

**Table 2:** Correlation of Foot breadth and stature

Variables	Minimum	Maximum	Range	Mean	SD	N	Correlation r	p value
Height (cm)	135.2	195.2	60.0	161.88	13.45	1000	--	--
Foot length right (cm)	7.5	10.9	3.4	8.95	0.78	1000	$r = 0.364$	$p < 0.01$ HS
Foot length left (cm)	7.7	11.5	3.8	8.96	0.68	1000	$r = 0.367$	$p < 0.01$ HS
Linear Regression Equation	Height = 106.01 + 6.240 (Foot breadth right)							
Linear Regression Equation	Height = 96.843 + 7.253 (Foot breadth left)							



**Graph 1:** Correlation between Foot length and Stature

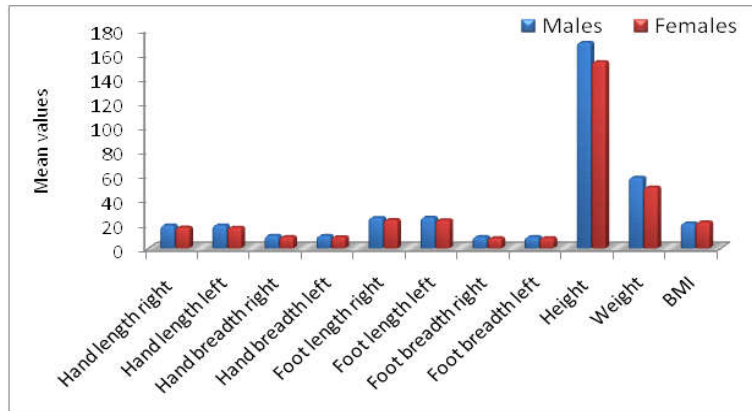


**Graph 2:** Correlation between Foot breadth and Stature

**Table 3:** Gender wise comparison of parameters

Variables	Male (N=500)	Female (N=500)	Z test value	p value and significance
	Mean $\pm$ SD	Mean $\pm$ SD		
Foot length right	25.18 $\pm$ 1.32	23.39 $\pm$ 1.19	Z = 30.07	p<0.001, VHS
Foot length left	25.31 $\pm$ 1.16	23.19 $\pm$ 0.96	Z = 31.19	p<0.001, VHS
Foot breadth right	9.39 $\pm$ 0.71	8.45 $\pm$ 0.52	Z = 22.97	p<0.001, VHS
Foot breadth left	9.35 $\pm$ 0.59	8.52 $\pm$ 0.47	Z = 23.21	p<0.001, VHS
Height	169.28 $\pm$ 11.75	153.42 $\pm$ 9.75	Z = 22.26	p<0.001, VHS

NS= not significant, S=significant, HS=highly significant, VHS=very highly significant

**Graph 3:** Multiple bar diagram represents gender wise comparison of variables**Table 4:** Comparison of present study with previous studies:

Sl. no	Study/ Author/ Year	Sample size	Parameters studied	Mean height M/F	Observations			
					Mean foot length		Mean foot breadth	
					Right M/F	Left M/F	Right M/F	Left M/F
1	Anitha Oommen et al. [6] (2005)	100	HL, FL	NA	26.21 / 23.75	26.0 / 23.68	NM	NM
2	B Danborbo, A Elukpo et al. [1] (2007)	400	H, HL, HB, FL, FB	173.7 / 160.0	28.39/24.52	26.42 / 24.70	9.02 / 8.23	9.09/ 8.11
3	Patel SM, Shah GV et al. [11] 2007	502	H, FL	170.9 / 156.14	Male - 24.44	Female -22.34	NM	NM
4	Chikhalkar BG et al. [11] 0 (2008)	300	H, W, FAL, HL, HB, FL, FB	167.26	24.008 with SD 1.420	8.895 with SD 0.703		
5	Krishna K, Kanchan T et al. [12] (2011)	246	HL, HB, FL,FB	NA	NA	NA	NA	NA
6	Patel PN, Tanna JA et al. [2] (2012)	273	H, FL, FB, HL, HB, AS	164.59	24.178 with SD 1.809	9.28 with SD 0.865		
7	A. Ibegbu, David et al. [8] (2013)	600 children	H, HL	NC	NC	NC	NC	NC
8	Prakash M. Mohite et al. [9] (2015)	230	H, HL, HB, FL	165.02	Male - 25.86, Female - 22.67	NM	NM	
9	Uhrova P, Benus R et al. [13] (2015) - Slovak adults	250	H, HL, HB, FL, FB	NA	NA	NA	NA	NA
10	Rati Tandon et al. [7] (2016)	497	H, HL, HB, FL, FB, DL	172.7 / 157.1	Male - 26.22, Female - 23.35	Male - 9.95, female - 8.89		
11	Kim W, Kim YM et al. [14] (2018)	5195	H, HL, HB, FL, FB	NM	NA	NA	NA	NA
12	Present study (2018-19)	1000	H, FL,FB	161.88	25.18/23.39	25.31/23.19	9.39/8.45	9.35/8.52

H- Height, HL - Hand length, HB - Hand breadth, FL - Foot length, FB - Foot breadth, PL - Palm length, DL - Digit / finger length, AS-Arm span, FAL - Forearm length, NM - Not measured NC - Not comparable, NA - Not available.

## Discussion

In present study, human stature ranged from 135.2 cm to 195.2 cm. mean stature was 161.88 cm with SD of 13.45. These findings correspond closely with studies done on Indian population like that of Patel et al. [2] (164.59 cm) and Mohite et al [9] (165.02 cm) and Chikhalkar et al. [10] (167.2 cm). (Table 4).

Foot length on right side ranged from 21.0 cm to 28.9 cm with Mean of 24.34 cm and SD of 1.54. Foot length on left side ranged from 21.5 cm to 29.0 cm with Mean of 24.32 cm and SD of 1.50. (Table 1). These findings correspond with studies of Anitha Oommen et al. [6], Rati Tandon et al. [7], Patel SM, Shah GV et al. [11] 2007, Prakash M. Mohite et al. [9] (2015) [Table 4].

Foot breadth on right side ranged from 7.5 cm to 10.9 cm with Mean of 8.95 cm and SD of 0.78. Foot breadth on left side ranged from 7.7 cm to 11.5 cm with Mean of 8.96 cm and SD of 0.68. (Table 2). These findings correspond with studies of B Danborn, A Elukpo et al. [1] (2007), Rati Tandon et al. [7], Patel PN, Tanna JA et al. [2] (2012), Chikhalkar BG et al. [10] (2008). [Table 4].

Gender wise correlation revealed statistically highly significant difference between males and females ( $p < 0.001$ ) in foot dimensions on both sides and also in height (Table 3) and were higher in males as compared to females. These findings matched with studies of Chikhalkar BG, Mangaonkar AA et al. [10] (2008), Kavyashree AN et al. [11] (2015) and Prakash M. Mohite et al. [14] (2015). [Table 4].

Correlation coefficient 'r' derived in the study for foot length and height was right side  $r = 0.428$ , left side  $r = 0.516$ . Correlation coefficient 'r' for foot breadth and height was right side  $r = 0.364$ , left side  $r = 0.367$ . This corresponds well studies like B Danborn, A Elukpo et al. [1], 2007 (right foot length-Male- 0.58, Female - 0.61, left foot length - Male -0.61, Female - 0.40), Rati Tandon et al. [7] (foot length - 0.709, foot breadth - 0.497), Patel PN, Tanna JA et al. [2], 2012 (foot length - 0.767, foot breadth - 0.665), Chikhalkar BG et al. [10], 2008 (foot length - 0.6102, foot breadth - 0.4886). Uhrova P, Benus R et al. [13] (2015) showed highest correlation coefficient for foot length in males ( $r=0.71$ ) as well as in females ( $r=0.63$ ) which matched the finding of present study [Table 4].

Linear regression Equation derived in present study corresponds closely with that derived from

earlier studies done in Indian population like Rati Tandon et al. [7] (foot length - male:  $y = 3.09 * FL + 91.46$ , female:  $y = 2.896 * FL + 89.55$ ; foot breadth - male:  $y = 4.55 * FB + 127.39$ , female:  $y = 3.684 * FB + 124.4$ ), Chikhalkar BG et al. [10] (ht. =  $79.72379 + 3.650632 * FL$ , ht. =  $114.828119 + 5.906901 * FB$ ), Prakash M. Mohite et al. [14] (Ht. =  $64.81 + 0.42 * \text{Foot Length}$ ), Patel PN, Tanna JA et al. [2] (ht. =  $70.37 + 3.8969 * FL$ , ht. =  $99.05 + 7.063 * FB$ ).

## Conclusions

1. Highly significant difference was observed in mean foot length and breadth on both sides.
2. Positive statistically significant correlation was observed between height and foot dimensions.
3. The linear regression formula derived can be used for adult between 17-20 years but it might be of limited use for children and older people for measuring the stature and shoe design.
4. Equation derived from present study can be used to estimate stature from either of the feet dimensions and vice versa among the Central Indian population.
5. It would be unwise to use the same equations for stature estimation for different Indian populations.
6. Foot length showed the highest correlation coefficient for estimating the stature of an Individual as observed in our study.
7. The data collected should be useful for anthropologists and forensic experts.

## Limitations

1. In the present study, age range of only 17 to 20 years was considered.
2. Only healthy individuals were included in the study. Hence the data may not be applicable students those with deformities of vertebral column & limbs, contractures, those with h/o of trauma to foot, those with features suggestive of dysmorphic disorder.
3. Applicability of anthropometric measurements in living & deceased individuals may practically differ.
4. The present study is a preliminary one & would be followed up by other studies to address the above limitations.

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## Morphological and Morphometric Study of Scaphoid Bone in South Coastal Population

Madala Venkateswara Rao<sup>1</sup>, Lattupalli Hema<sup>2</sup>

### Abstract

**Background:** Scaphoid is boat shaped bone and is the largest bone of proximal row more prone for fractures and has utmost surgical importance. **Aim and Objectives:** As this bone has some interesting features this bone was taken for study to observe the variants like, the Scaphoid waist, tubercle, width of dorsal sulcus length of Dorsal Sulcus, length of scaphoid, ridge for scl, sulcus for flexor carpi radialis, waist circumference, tubercle circumference, primary height of tubercle and secondary height of the tubercle. **Material and Methods:** The study included one hundred dry human scaphoid bones (50 left and 50 right) which were obtained from the department of anatomy, Narayana Medical College, Nellore, India. The morphometric parameters were measured with vernier caliper of 0.02 mm accuracy; the circumference was measured by placing a thread around them and measuring its length. A magnifying lens was used to observe the number of foramina. **Results:** The tubercle was present in all the scaphoid bones. Among the left scaphoid bones, 22 were of conical shape and 28 were pyramidal shape. Similarly 36 right scaphoid tubercles were of conical shape and 14 were of pyramidal shape. The waist was absent in 1 scaphoid of right side, rest of all the bones had waist. The dorsal sulcus was absent in 1 scaphoid of left side and 2 on the right side. The shape of scapholunate articular surface was noted as either half moon or crescentic shape. Among them, 38 scaphoids of left side had the shape of half moon and 12 were of crescentic. Similarly 36 of right side were of half moon and 14 were of crescentic. The shape and variations of the dorsal sulcus were noted. Most of the scaphoid had main (single) dorsal sulcus 63%. In contrast, 29% had two dorsal Sulci and 6% had a Y shaped sulcus. Foramina in the dorsal sulcus were counted, all the scaphoids had a minimum of one foramen in the main dorsal sulcus and 92% had more than one foramen. All scaphoids which presented with secondary sulci had a foramen in it. The ridges for the origin of scapholunate interosseous ligament were present in 41 scaphoids of left side and 40 of right side. Sulci of flexor carpi radialis were also seen and it was present in 38 scaphoids of left side and 42 of right side. **Conclusion:** The scaphoid fracture occurs in young healthy individuals and is the most commonly fractured bone of the wrist (50%-80% of all carpal bone injury). The complex shape of scaphoid and its orientation within the carpus makes the radiological interpretation of scaphoid anatomy difficult. The goals of reconstructive surgery for scaphoid fracture non unions include restoration of normal scaphoid length and shape by use of the contraletaral scaphoid bone as a geometric model.

**Keywords:** Morphological; Morphometric Study; Scaphoid bone.

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### Introduction

The largest bone of the proximal carpal row is the Scaphoid bone. Scaphoid bone is otherwise called as scaphoideum, Navicular of the hand which can be distinguished because of its distinctive boat like shape as its name suggest (Greek scaphe = boat) [11], whose approximate shape and size is like a cashew nut [2]. It is situated between the hand and forearm on the thumb side of the wrist (also called

**Author's Affiliation:** <sup>1</sup>Assistant Professor <sup>2</sup>Professor and Head, Department of Anatomy, Narayana Medical College, Chinthareddypalem, Nellore, Andhra Pradesh 524003, India.

**Corresponding Author:** Lattupalli Hema, Professor and Head, Department of Anatomy, Narayana Medical College, Chinthareddypalem, Nellore, Andhra Pradesh 524003, India.

**E-mail:** hemakarra06@gmail.com

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the lateral or radial side), which forms the radial border of the carpal tunnel. Its long axis being from above downward, laterally, and forward. The medial surface has two facets, a flattened semi-lunar facet articulating with the lunate bone, and an inferior concave facet, articulating alongside the lunate with the head of the capitate bone. The palmar surface is concave forms a tubercle and gives attachment to transverse carpal ligament. The dorsal surface of the bone is narrow having a groove which runs along the length of the bone giving attachment to ligaments. The anatomical inferior surface which is smooth, convex, triangular is divided into two parts by a slight ridge [10].

The scaphoid bone gains its blood supply by dorsal and palmar branches of radial artery, supplying middle and distal parts neglecting the proximal part, which relies upon retrograde blood flow. The most commonly injured carpal bone is scaphoid as it is amidst of the carpal rows, so, high attention prevents the delayed union and post operative osteoarthritis. Non-unions can result in loss of blood supply to the proximal pole, which can result in avascular necrosis of the proximal segment [2,3].

Study of morphometric features of scaphoid is useful during reconstruction of scaphoid and to assess the length of the screw for internal fixation for scaphoid fractures [5]. Knowledge of vascular foramina helps in evaluating the vascularity of different segments of the bone and explaining the risk of avascular necrosis. As there is paucity of literature we concluded our work with limited parameters and references.

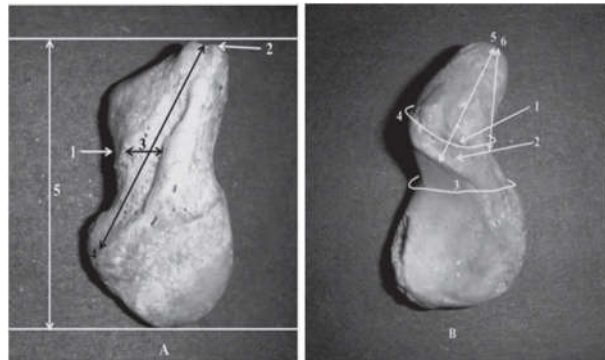
### Material and Methods

The study included one hundred dry human scaphoid bones (50 left and 50 right) which were obtained from the Department of anatomy, Narayana medical college, Nellore, India. The bones were of unknown age, sex, race, and religion. The bones with underlying pathology were excluded. The morphometric parameters were measured with vernier caliper of 0.02 mm accuracy; the circumference was measured by placing a thread around them and measuring its length. A magnifying lens was used to observe the number of foramina.

#### *Morphological Parameters*

The scaphoid tubercle was assessed based on its shape (either conical or pyramidal) (Fig. 1). The presence of tubercle, waist, dorsal sulcus, ridge for

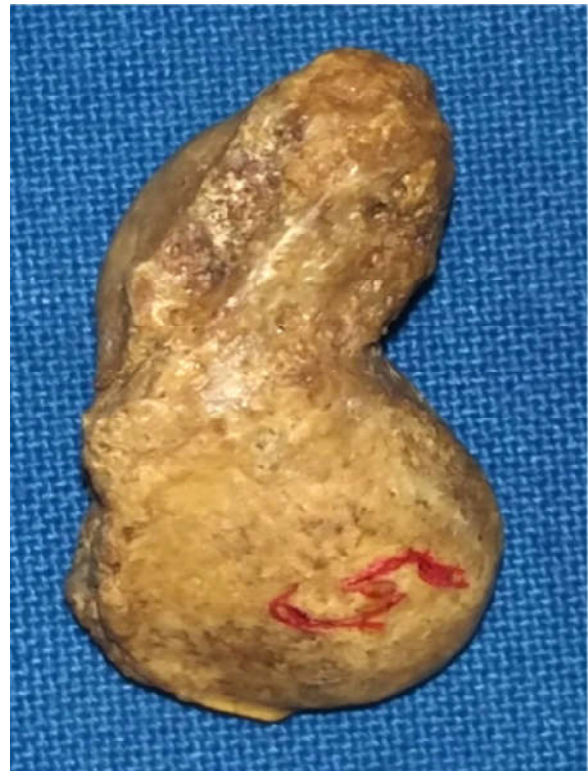
the origin of scapho capitate ligament (SCIL) and the sulcus for flexor carpi radialis (FCR) were noted (Fig. 2). Dorsal sulcus was assessed by its presence, shape and number (primary or secondary sulci). The foramina in the main sulcus and secondary sulcus were noted. The foramina in the proximal and distal regions were counted as well. The shapes of the scapholunate joint surface were recorded as half moon or crescent (Fig. 3) [7].



**Fig. 1:** Morphological and morphometric parameters

A. 1. Scaphoid waist 2. Tubercle 3. Width of dorsal sulcus 4. Length of Dorsal Sulcus 5. Length of scaphoid.

B. 1. Ridge for scl 2. Sulcus for flexor carpi radialis 3. Waist circumference 4. Tubercle circumference 5. Primary height of tubercle 6. Secondary height of tubercle



**Fig. 2(a):** double sulcus





Fig. 2(b): y shaped sulcus

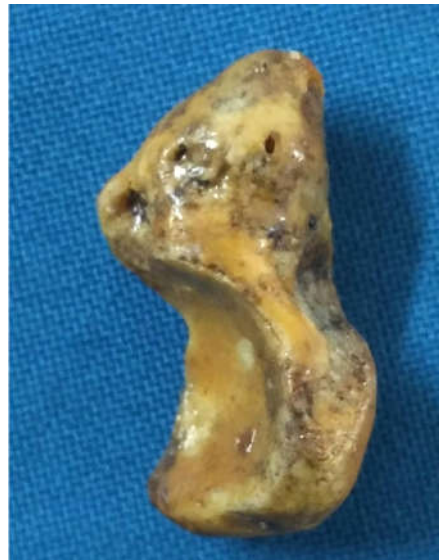


Fig. 4: Number of nutrient foramina



Fig. 2(c): Y shaped sulcus

Fig. 2: Shape of the tubercle and presence of single sulcus



Fig. 5: Four nutrient foramina in left scaphoid



Fig. 3: Shape of scapholunate joint surface



Fig. 6: Six nutrient foramina in right scaphoid

### Morphometric Parameters

The length of the scaphoid was calculated by distance between the most prominent points of proximal articular surface and the tubercle (Fig. 2). The width of scaphoid was measured at three different regions (proximal, waist and distal). The proximal width was defined as the maximum width towards the proximal articular surface of the bone. Width of the waist was calculated at the narrowest angle of the waist. The distal width was calculated at the widest part of the distal part of the bone. The length and width of the dorsal sulci were also measured. The circumference of the waist were measured at its narrowest point, circumference of the tubercle were measured at its base. The primary and secondary heights of the tubercle were measured. Primary height of the tubercle was defined as the distance between the most prominent point of tubercle and the intersection of the anterior and superior ridges of the scapholunate articular surface. The secondary height of the tubercle was defined as the most prominent point of the tubercle and the deepest point of the waist. The statistical analysis of the morphometric parameters was performed and each variable was investigated and correlated individually with reference to the side [7].

### Observations and Results

The morphological features of the bone are presence of tubercle in all the 100 bones out of which 50 belong to right and 50 belong to left side. Waist was observed in 99 bone out of which 50 are left and 49 right side. Dorsal sulcus was seen 97 bones out of which 48 right and 49 left. Ridge for origin of SCIL 81 out of which 40 are right sided and 41 left sided. Sulcus for FCR was seen in 80 bones and 42 belong to right side and 38 to left side. Their parameters are mentioned in (Table 3). The mean length of the scaphoid of left side was 26.2 mm and of right side was 26.4 mm with a standard deviation of 2.406 and 2.067 respectively (Grpahs 1 & 2). The tubercle was present in all the scaphoid bones. Among the left scaphoid bones, 22 were of conical shape and 28 were pyramidal shape (Table 1). Similarly 36 right scaphoid tubercles were of conical shape and 14 were of pyramidal shape. The waist was absent in 1 scaphoid of right side, rest of all the bones had waist. The dorsal sulcus was absent in 1 scaphoid of left side and 2 on the right side (Table 1) The shape of scapholunate articular surface was noted as either half moon or crescentic shape (Table 5). Among them, 38 scaphoids of left side had the shape of half moon and 12 were of

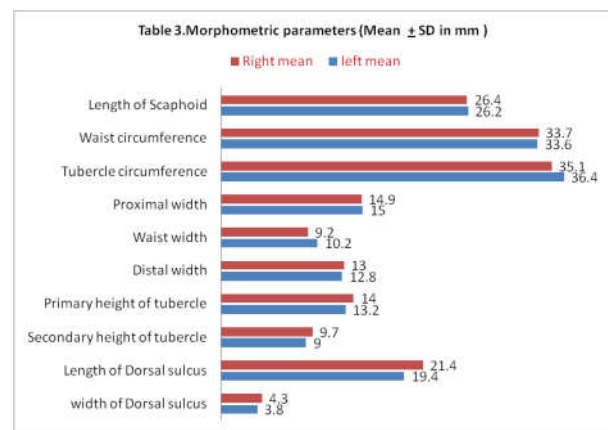
crescentic. Similarly 36 of right side were of half moon and 14 were of crescentic. The shape and variations of the dorsal sulcus were noted. Most of the scaphoid had main (single) dorsal sulcus 63%. In contrast, 29% had two dorsal Sulci and 6% had a Y shaped sulcus. Foramina in the dorsal sulcus were counted, all the scaphoids had a minimum of one foramen in the main dorsal sulcus and 92% had more than one foramen (Table. 4). All scaphoids which presented with secondary sulci had a foramen in it. The ridges for the origin of scapholunate interosseous ligament were present in 41 scaphoids of left side and 40 of right side. Sulci of flexor carpi radialis were also seen and it was present in 38 scaphoids of left side and 42 of right side.

**Table 1:** Showing the frequency of shape of the tubercle

Shape	LEFT (n=50)	RIGHT (n=50)
Conical	22	36
Pyramidal	28	14
Total	50	50

**Table 2.** Presence of morphological features

Features	Left (n=50)	Right (n=50)	Total (n=100)
Tubercle	50	50	100
Waist	50	49	99
Dorsal Sulcus	49	48	97
Ridge for Origin of Scil	41	40	81
Sulcus Of Fcr	38	42	80



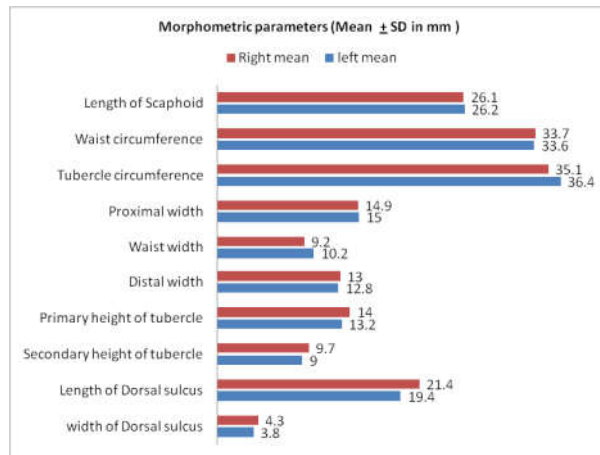
**Graph 1:**

**Table 3:** Showing the frequency of the shape of dorsal sulcus

Dorsal sulcus	Left (n=50)	Right (n=50)
Single sulcus	40	23
Double sulcus	9	19
Y shaped sulcus	0	6
Total	49	48

**Table 4:** Showing the presence of average number of foramina

Left	Right
3.8%	4.9%

**Graph 2:****Table 5:** Showing the frequency of the shape of the Scapho lunate joint

SHAPE	Left (n=50)	Right(n=50)
Half Moon	20	28
Crescent	30	22
Total	50	50

## Discussion

### Morphometric Parameters

In the present study, the mean length of the scaphoid of left side was 26.2 mm and of right side was 26.4 mm with a standard deviation of 2.406 and 2.067 respectively. Muralidhar [9] studied the mean length of the scaphoid to be mm on the 24.97 mm on the right side and 23.86 mm on the left side. In a study in North-Eastern population, Purushothama [7] reported the mean length of scaphoid as 22.33 mm and 22.65 mm on the right and left sides. Our morphometric parameters in the present study are higher than those findings of the comparative authors. We can assess the screw length for pre operative internal fixation by accurate knowledge of the mean length. Similarly the waist circumference was statistically significant and relatively more than left thus explaining greater force transmission on dominant side according to Wolfe's law (It is developed from German Anatomist and Surgeon Julius Wolfe (1836-1902) states that bone in healthy person will adopt to the loads under which it is placed).

Numbers of vascular foramina are noted on volar and dorsal surface. A total of 190 (3.8%) Nutrient Foramen are seen in 50 left side scaphoid and 244 (4.9%) nutrient foramen are seen in 50 right side scaphoid. This may be due to right side dominance. Foramina in the dorsal sulcus were counted, all the scaphoids had a minimum of one foramen in the main dorsal sulcus and 92% had more than one foramen (Fig. 5). Owira et al., [8] classified scaphoids into type I (no foramina), type II (1-2 foramina) and type III (more than 2 foramina). Owira [8] observed type I (no foramina) scaphoids in 54% cases. It can be stated that in such cases when there is a fracture of waist, there will be diminished blood supply to the proximal fragment leading to nonunion or avascular necrosis. In 26.92% bones there is one foramen and in 67.3% bones more than one foramen is observed in the study by Muralidhar [9]. Similar findings were stated by Dubey et al. [6], who reported the same in 17.72% and 82.28% bones respectively

The present study observed that tubercles were present in all scaphoids and the height and circumference of base of the tubercle were strongly correlating with each other Number of vascular foramina is more on the dorsal surface (1-24) than volar surface (3-7). This finding is consistent with Dubey et al., Owira et al., and Muralidhar [6,7,8] who reported that dorsal to volar ratio is 4:1, 4.23:1 and 3.42:1 respectively. In the present study also it is 3.42:1.

## Conclusion

The scaphoid fracture occurs in young healthy individuals and is the most commonly fractured bone of the wrist (50%-80% of all carpal bone injury) and avascular necrosis is the most common clinical event. The complex shape of scaphoid and its orientation within the carpus makes the radiological interpretation of scaphoid anatomy difficult. The goals of reconstructive surgery for scaphoid fracture non unions include restoration of normal scaphoid length and shape by use of the contraletal scaphoid bone as a geometric model. Apt knowledge of scaphoid anatomy is useful to radiologists, orthopedicians, anthropologists, forensic medicine and clinical anatomist.

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## Study of Variation in the Position of Greater Palatine Foramen in North Karnataka Population

Ratna Prabha J<sup>1</sup>, Uday Kumar<sup>2</sup>

### Abstract

68 non- pathological dried adult crania were studied measurement between greater palatine foramen and incisive fossa of both right and left side were measured and compared prevalence of greater palatine foramen (GPF) in relation to molar teeth on either side was studied. Direction of GPF was also studied. All the measurement was taken by vernier calipers. The comparative study measurement of GPF with incisive fossa on both sides- mean value of right GPF was 37.4 (SD  $\pm$  1.22) and mean value of left was 37.2 (SD  $\pm$  1.24) and  $p < 0.5$ . the  $p$  value was insignificant. The prevalence of GPF in relation to molar teeth on both sides Right side 3 (4.41%) opposite to 2nd molar 20 (29.4%) between 2nd and 3rd molar 36 (52.9%) opposite to 3rd molar 9 (13.2%) Behind 3rd molar. On left side 2 (2.94%) opposite to 2nd molar 11 (16%) between 2nd and 3rd molars 48 (70.5%) opposite to 3rd molar 7 (10.2%) Behind 3rd molar. The direction of position of GPF was on right side 22 (32.3%) forward position, 12 (17.6%) forward lateral position, 34 (50%) forward and medial position on left side, 21 (30.8%) forward position 10 (14.7%) forward and lateral position, 37 (54.4%) forward and middle position. This anatomical approach to GPF will helpful to Dentists, Maxillo facial surgeons and plastic surgeons moreover Anaesthetists too, because morphometric values of mesodermal derivatives' are uncertain.

**Keywords:** Greater Palatine Foramen=Gpf; Dentist; Maxillo Facial and Plastic Surgery; Vernier Calipers.

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### Introduction

Greater palatine foramen which is the lower orifice of greater palatine canal opens, close to the lateral border of the palate immediately behind the palate maxillary suture. This greater palatine foramen is otherwise called as posterior palatine foramen. The foramen transmits greater palatine nerve and vessels. The palatine artery is a branch from third part of maxillary artery arises in pterygopalatine

fossa, descend in the greater palatine canal emerges through greater palatine foramen to alveolar border of the hard palate it ascends and anastomose with a branch of sphenopalatine artery [1].

It is an important anatomic landmark for Dentists, Maxillofacial surgeons and plastic surgeons. The foramen is also crucial for being the point entrance of the palatine canal for reaching the pterygo palatine ganglion [2]. The block of greater palatine nerve by anesthesia which innervates the posterior part of hard palate in the greater palatine foramen is largely used in the minor oral surgeries, periodontics and general dentistry. Moreover the area of the greater palatine foramen (GPF) serves as donor of soft tissue graft [3]. Hard palate grafting is a successful and commonly practised approach in oculoplasty surgeries for eyelid and socket reconstruction. Vascularization of the mucoperiosteum of hard palate comes mainly from greater palatine vessels [4,5]. Hence position, prevalence and distance from molar teeth of GPF

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**Author's Affiliation:** <sup>1</sup>Assistant Professor <sup>2</sup>Associate Professor, Department of Anatomy Navodaya Medical College, Mantralayam Road, Navodaya Nagar, Raichur, Karnataka 584103, India.

**Corresponding Author:** Uday Kumar, Associate Professor, Department of Anatomy Navodaya Medical College, Mantralayam Road, Navodaya Nagar, Raichur, Karnataka 584103, India.

**E-mail:** vastushilpi@gmail.com

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is must to approach. Hence attempt was made to study the same in the crania of North Karnataka

**Material and Methods**

Sixty eight non –pathological dried adult crania were selected for study. Among 68 crania 5 female crania were also studied but due to similar features of greater palatine foramen they were merged with remaining male crania.

Following measurements were taken by digital vernier caliper

- a. Distance between greater palatine foramen and incisive fossa of both right and left were measured and compared
- b. Prevalence greater palatine foramen in relation to molar teeth on both (right and left) side were studied with percentage
- c. Direction of greater palatine foramen on either side were studied with percentage

Pathological and broken crania were excluded from the study. The duration of study was about three years (February 2015 to December 2018)

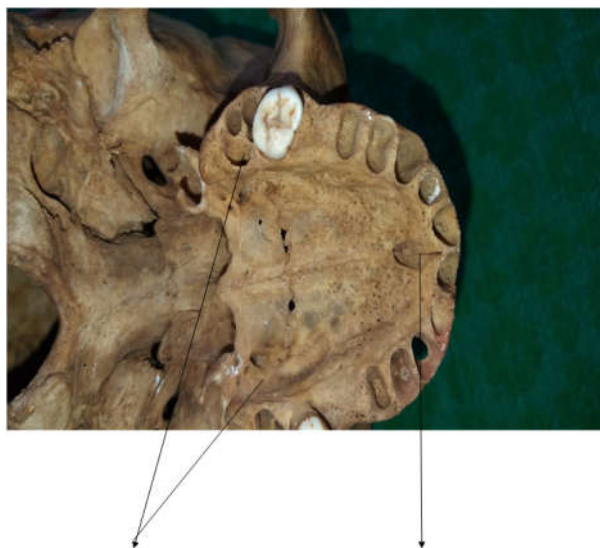


Fig. 1: Greater Palatine foramen. Incisive Fossa

**Observation and Results**

Table 1- Comparative study of measurement of distance of Greater palatine foramen to Incisive fossa on both sides mean value of right Greater palatine foramen was 37.4 (SD± 1.22) and mean value of left greater palatine foramen was 37.2 (SD ± 1.24) and p<0.5 and p value is insignificant.

Table 2- Prevalence of greater palatine foramen in relation to molar teeth

- a. Opposite to second molar tooth right side 3 (4.4%) and left side 2 (2.94%) and total number were 5 (3.67%)
- b. Between 2<sup>nd</sup> and 3<sup>rd</sup> molars right side 20 (29.4%) left side 11 (16.31%) and total 31 (22.7%)
- c. Opposite to 3<sup>rd</sup> molar teeth - right side 36 (52.9%) and left 48 (70.5%) and total 84 (61.7%)
- d. Behind 3<sup>rd</sup> molar teeth - right side 9 (13.2%) and left 7 (10.2%) and total 16 (11.7%)

Table 3- Direction of position of greater palatine foramen.

- a. Forward position - right side 22 (32.3%) and left 21 (30.8%) and total 43 (31.6%)
- b. Forward and lateral position - right side 12 (17.6%) and left 10 (14.7%) and total 22 (16.1%)
- c. Forward and medial position - right side 34 (50%) and left 37 (54.4%) and total 71 (52.2%)

Table 1: Comparative study of measurements of distance Greater palatine foramento Incisive fossa on both sides (No of Crania 68)

Right Greater Palatine Foramen	Left Greater Palatine Foramen	P Value	Result
Mean	SD	Mean	SD
37.4	±1.22	37.2	±1.24
P< 0.5			
In significant			

p value is Insignificant

Table 2: Prevalence Greater palatine foramen in relation to molar teeth (No of Crania 68)

Particular	Right side		Left side		Total	
	No	%	No	%	NO	%
Opposite to 2 <sup>nd</sup> & 3 <sup>rd</sup> Molars	3	4.41	2	2.94	5	3.67
Opposite to 3 <sup>rd</sup> molar	36	52.9	48	70.5	84	61.7
Behind 3 <sup>rd</sup> molar	9	13.2	7	10.2	16	11.7

Table 3: Direction of position Greater palatine foramen

Particular	Right side		Left side		Total	
	No.	%	No.	%	No.	%
Forward position	22	32.3	21	30.8	43	31.6
Lateral position	12	17.6	10	14.7	22	16.1
Forward & medial position	34	50	37	54.4	71	52.2

## Discussion

In the present study of variation in the position of GPF in North Karnataka population. The comparative study of measurement of distance between GPF and Incisive fossa on right side mean value was 37.4 (SD± 1.22) and left side mean value was 37.2 (SD± 1.24) the p value was (p<0.5) insignificant (Table 1). The prevalence of GPF in relation to molar teeth on either side on right side 3 (4.4%) opposite to 2<sup>nd</sup> molar 20 (29.4%) between 2<sup>nd</sup> and 3<sup>rd</sup> molar, 36 (52.9%) opposite to 3<sup>rd</sup> molar 9 (13.2%) behind 3<sup>rd</sup> molar on left side, 2 (2.94%) opposite to 2<sup>nd</sup> molar, 11 (16.1%) between 2<sup>nd</sup> and 3<sup>rd</sup> molar, 48 (70.5%) opposite to 3<sup>rd</sup> molar 7 (10.2%) behind 3<sup>rd</sup> molar (Table 2). The direction of position of GPF was on right side 22 (32.3%) forward position, 12 (17.6%) forward and lateral position, 34 (50%) forward and medial position on left side 21 (30.8%) forward position, 10 (14.7%) forward & lateral position 37 (54.4%) forward and medial position (Table 3). These findings were more or less in agreements with previous studies [5,6,7].

These variations in the position of GPF could be attributed to different degrees of sutural growth at palato maxillary suture and appositional growth of posterior border of maxilla. There is also change in the position of GPF with age. As eruption of molar teeth occurs. The position of GPF moves posteriorly [8]. Moreover as an evolutionary point of view the foramen of cranial base move laterally in the man because there is great reduction in the size of muscles of mastication, the bizygomatic and bitympanic breath are also reduced across the modern human crania [9].

In addition to this rate of bone growth and maturation is influenced not only by age and sex but economic status individual body weight, racial difference also to be taken into account [10]. Bone is a essentially living tissue supplied with blood vessels and nerves, not only external form but also its internal architecture can change in response to the stress and strains to which it is subjected during life.

## Summary and Conclusion

The present cranial study of variations in the position of GPF in North Karnataka population will be quite useful for Dentists, Maxillo- facial surgeons,

plastic surgeons for surgical approach. But this study demands further genetic, embryological, nutritional, anthropological and environmental study because the factors which determine the mechanism and time of ossification of cranial base are still obscure.

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# A Study on Foramen Magnum Morphometry in 3-Dimensional CT Scans and Dry Skulls and its Neurosurgical and Forensic Implications

Venkatesh G Kamath<sup>1</sup>, Md Tabrej Alam<sup>2</sup>

## Abstract

**Background:** A study on foramen magnum morphometry has immense neurosurgical and forensic implications due to its association with myriad intracranial tumours and sexual dimorphism. **Aims and Objectives:** To study dimensions of foramen magnum in 3-dimensional CT Scans and dry skulls. **Methodology:** Sagittal and transverse dimensions of the foramen were measured in 50 three-dimensional CT scans and 100 dry skulls. The data obtained was statistically analysed using Student's t-test for significance, binary logistic regression and ROC curve for sexual dimorphism. **Results:** The mean sagittal dimension was  $32.01 \pm 3.92$  mm in dry skulls and  $33.26 \pm 3.86$  mm in CT Scans. The transverse dimension was  $27.68 \pm 2.32$  mm in dry skulls and  $28.31 \pm 2.08$  mm in CT scans. In dry skulls mean foraminal area in males was  $698.46 \text{ mm}^2 \pm 105.32 \text{ mm}^2$  and in females it was  $590.87 \text{ mm}^2 \pm 98.45 \text{ mm}^2$ . In CT scans it was  $705.23 \text{ mm}^2 \pm 111.22 \text{ mm}^2$  in males and  $602.16 \text{ mm}^2 \pm 76.23 \text{ mm}^2$  in females. The dimensions were significantly more in males than in females and sagittal dimension was observed to have a sex predictability of 67.8%, transverse dimension 62.6% and area 69.7%. **Conclusion:** The foramen magnum exhibits sexual dimorphism and is a marker for forensic sexing. A knowledge of shape and dimensions of foramen magnum has diverse neurosurgical implications owing to its proximity to hypoglossal canal, medulla oblongata, pons, spinal cord, cerebellum and related intracranial tumours.

**Keywords:** Binary Logistic Regression; CT Scan, Foramen Magnum; Forensic sexing; Neurosurgery.

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## Introduction

Foramen magnum has immense neurosurgical implications owing to its proximity to vital neuroanatomical structures such as the medulla oblongata, spinal cord and hypoglossal nerve [1]. It also exhibits variations in shape which are clinically significant [2]. The foramen is also associated with

achondroplasia and Arnold-Chiari malformations and knowing the foramen dimensions helps understanding pathophysiology of such conditions [3,4]. The transcondylar approach is the most favoured approach preferred by neurosurgeons operating on intracranial tumours in the region of the brainstem [5]. Stenosis of the foramen results in increased intracranial tension which in turn results in compression of brainstem, cranial nerves and hindbrain causing clonus, lower cranial nerve palsy, respiratory complications and cardiac manifestations like hypotension [6]. The foramen also exhibits sexual dimorphism and is a useful tool for forensic sexing [7]. Foramen magnum morphology is often unaltered in cases of burns and explosions owing to its concealed location [8]. It was observed that 24 out of 25 cranial dimensions studied exhibited sexual dimorphism and hence foramen magnum is used along with these dimensions to conclusively determine sex during

**Author's Affiliation:** <sup>1</sup>Associate Professor, Department of Anatomy, G.S.L. Medical College, NH-16, Laxmipuram, Rajanagaram, East-Godawari district, Rajanagaram, Andhra Pradesh 533296, India. <sup>2</sup>Assistant Professor, Department of Anatomy, Hind Institute of Medical Sciences, Mau, Ataria, Sitapur, Uttar Pradesh 261303, India.

**Corresponding Author:** Md Tabrej Alam, Assistant Professor, Department of Anatomy, Hind Institute of Medical Sciences, Mau, Ataria, Sitapur, Uttar Pradesh 261303, India.

**E-mail:** drtabrezmd@gmail.com

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forensic analysis [9]. The dimensions of foramen magnum are studied in dry skulls in diverse ethnic groups [10,11]. However, there are few studies in CT Scans [12,13] and in this study the dimensions in dry skulls are compared with CT-Scans. A study on the shape and dimensions of the foramen has immense implications both in neurosurgery and forensic analysis.

### Materials and Methods

The study was conducted using skulls from South Indian ethnic group and North Indian ethnic group in two medical institutes. The study involved 100 dry skulls (65 male and 35 female) and fifty three-dimensional CT Scans (30 male and 20 female). Only those skulls which were well ossified without any deformities in the foramen were included in the study. Those with deformed and fractured foramen were excluded. Only adult well ossified skulls were used during the study. Only those CT Scans where the foramen was clearly visualised were included. Sliding digital calliper (Lianying 0005) graduated to the last 0.01mm was used for all measurements.

The dimensions of the foramen were measured in dry skulls as shown in figure 1. The dimensions were measured in three dimensional CT Scans as shown in figure 2. The midsagittal plane meets anterior border of the foramen at a point called basion and the posterior border at a point called opisthion. The basion was marked as point A and opisthion as point B and distance AB was marked as the anteroposterior diameter of the foramen. Two most lateral points of the foramen C and D were marked. The distance CD was noted as the transverse diameter of the foramen. The measurements were repeated twice for accuracy and a third measurement was taken if there was a difference of more than 0.1mm. The foramen area was calculated by Radinsky's formula.

$$\text{Foramen magnum Area} = \frac{1}{4} \times \pi \times t \times s$$

The data obtained was analysed using SPSS computer software and Student's t-test for statistical significance. Binary logistic regression analysis and receiver operating characteristic curve were used for determining the sex predictability of the dimension.

### Results

The mean anteroposterior diameter was  $32.01 \pm 3.92$  mm in dry skulls and  $33.26 \pm 3.86$  mm in CT Scans. The transverse dimension was  $27.68 \pm 2.32$  mm in dry skulls and  $28.31 \pm 2.08$  mm in CT scans. On statistical analysis using Student's t-test no significant difference was observed in dimensions between dry skulls and CT Scans.

In dry skulls, the mean anteroposterior diameter was  $34.32 \pm 1.02$  mm in males and  $30.26 \pm 1.23$  mm in females. The mean transverse dimension was  $28.13 \pm 2.05$  mm in males and  $24.86 \pm 1.64$  mm in females. On statistical analysis using Student's t-test significant difference was observed in dimensions ( $p < 0.001$ ) between males and females in dry skulls.

In CT Scans, the mean anteroposterior diameter was  $35.68 \pm 1.23$  mm in males and  $31.03 \pm 1.52$  mm in females. The mean transverse dimension was  $29.14 \pm 1.13$  mm in males and  $25.21 \pm 1.89$  mm in females. On statistical analysis using Student's t-test significant difference was observed in dimensions ( $p < 0.001$ ) between males and females in CT Scans.

In dry skulls, the mean foraminal area in males was  $698.46 \text{ mm}^2 \pm 105.32 \text{ mm}^2$  and in females it was  $590.87 \text{ mm}^2 \pm 98.45 \text{ mm}^2$ . On statistical analysis, it was observed that in males the area of the foramen was significantly larger ( $p < 0.001$ ) than in females in dry skulls.

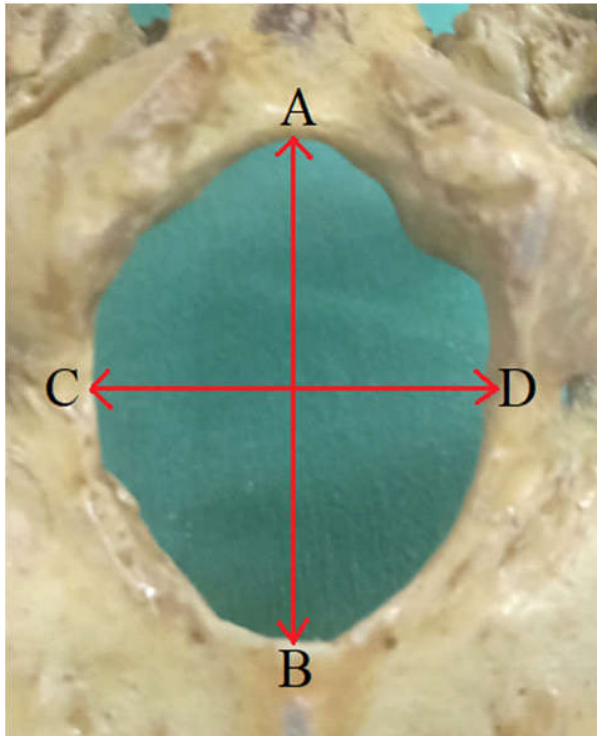
In CT scans, the mean foraminal area in males was  $705.23 \text{ mm}^2 \pm 111.22 \text{ mm}^2$  and in females it was  $602.16 \text{ mm}^2 \pm 76.23 \text{ mm}^2$ . On statistical analysis, it was observed that in males the area of the foramen was significantly larger ( $p < 0.001$ ) than in females in CT Scans.

Binary logistic regression analysis and receiver operating characteristic curve revealed that the anteroposterior dimension has sex predictability of 67.8%, transverse dimension a sex predictability of 62.6% and area a sex predictability of 69.7%. The descriptive statistics of anteroposterior dimension, transverse dimension and area of the foramen in males and females both in dry skulls and CT Scans is shown in Table 1.

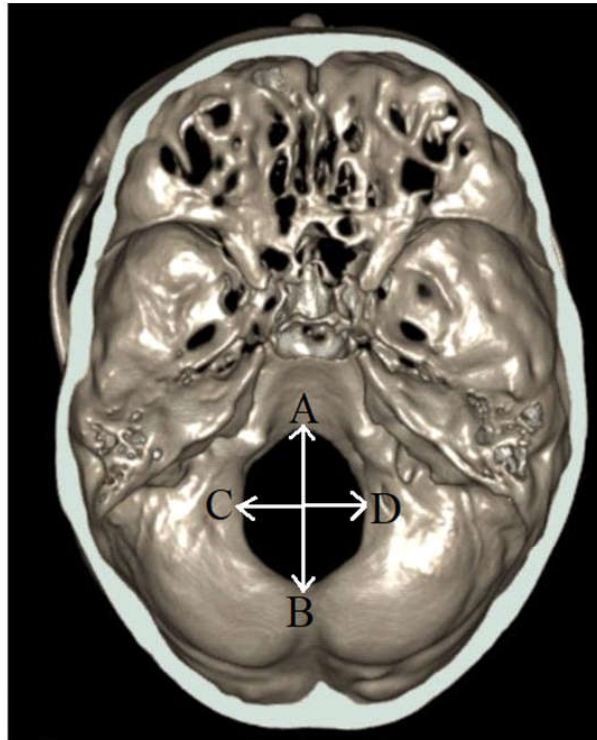
**Table 1:** Depicts the descriptive statistics of anteroposterior dimension, transverse dimension and area of the foramen in males and females both in dry skulls and CT Scans.

Dimension in millimetre	Dry Skulls Mean $\pm$ SD		CT Scans Mean $\pm$ SD	
	Males	Females	Males	Females
Sagittal	$34.32 \pm 1.02$	$30.26 \pm 1.23$	$35.68 \pm 1.23$	$31.03 \pm 1.52$
Transverse	$28.13 \pm 2.05$	$24.86 \pm 1.64$	$29.14 \pm 1.13$	$25.21 \pm 1.89$
Area	$698.46 \pm 105.32$	$590.87 \pm 98.45$	$705.23 \pm 111.22$	$602.16 \pm 76.23$

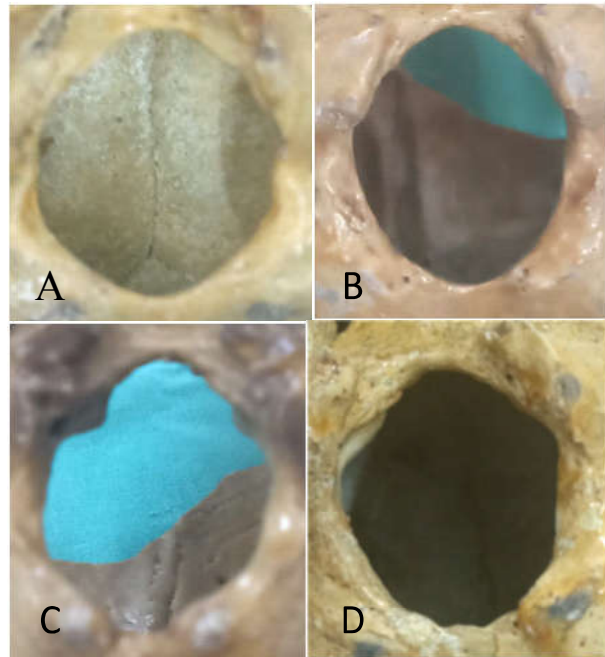




**Fig. 1:** depicts measurement of dimensions of the foramen in dry skulls.  
AB: Anteroposterior diameter, CD: Transverse diameter



**Fig. 2:** depicts measurement of dimensions of the foramen in 3-dimensional CT Scans.  
AB: Anteroposterior diameter, CD: Transverse diameter



**Fig. 3:** depicts the different shapes of foramen magnum  
A: Rounded, B: Oval, C: Irregular, D: Polygonal

The anteroposterior diameter was consistently more than the transverse diameter and this observation is consistent with the shape of foramen magnum. The anteroposterior diameter was observed to range from a maximum value of 38.32 mm to a minimum value of 27.84 mm. The transverse diameter ranged from a maximum value of 31.54 mm to a minimum value of 21.21mm. In the anteroposterior diameter the value repeated the greatest number of times was 33.54 mm and in transverse diameter it was 25.54 mm.

The shape of the foramen was also studied and the foramen was classified based on shape into round, oval, irregular and polygonal. The different shapes are shown in figure 3. It was observed that 33.2% of the foramen were oval, 30.4% polygonal, 20.3% rounded and 16.1% irregular. The foramen shows diverse variations in shape and these variations are clinically significant for neurosurgeons.

### Discussion

It is essential to understand the shape and dimensions of foramen magnum as any narrowing of the foramen can result in compression of vital structures like the brain stem resulting in damage to respiratory and cardiac centres and damage to lower cranial nerves [6]. The foramen is closely related to the hypoglossal canal and also plays an important role in the pathophysiology of Arnold

Chiari Malformations [4]. The transcondylar approach allows the neurosurgeon to access pathologies such as tumours ventral to brainstem and cervicomedullary region [5].

The shape of the foramen shows significant variation, the most common shape being oval and foramen with greater anteroposterior diameter permit more access to structures during neurosurgical procedures [2]. There are four primary cartilaginous centres surrounding the foramen during development and these unite to form the foramen [14]. The different shapes of the foramen can be attributed to the manner in which these centres unite [15]. The foramen also develops very early during embryogenesis and within 5-7 years of age it is completely fused [16].

In our study it was observed that the most common shape was oval (33.2%), followed by polygonal (30.4%), rounded (20.3%) and irregular (16.1%) varieties. Similar findings were observed by Garcia et al. (45% oval) [17] and Zaidi and Dayal (64% oval) [18]. Chetan et al. observed that the frequency of oval variety was 15.1%, egg-shaped 18.9%, tetragonal 18.9%, hexagonal 5.6% and pentagonal 3.8% [19]. Murshed et al. observed that the frequency of oval variety was 8.1% and the egg-shaped variety was 6.3% [2]. A review into these studies establishes the fact that the shape of the foramen is observer biased. Moreover, the foramen shape depends on manner in which the primary cartilaginous centres around the foramen unite during development.

In the present study, the mean anteroposterior diameter was  $32.01 \pm 3.92$  mm in dry skulls and  $33.26 \pm 3.86$  mm in CT Scans. The anteroposterior diameter reported by other studies include  $31 \pm 2.4$  mm by Chethan et al. [19], 31mm by Tubbs et al. [20],  $35.9 \pm 3.3$  mm by Murshed et al. [2] and  $36 \pm 2$  mm by Wanebo and Chicoine [21].

In the present study, the transverse dimension was  $27.68 \pm 2.32$  mm in dry skulls and  $28.31 \pm 2.08$  mm in CT scans. The transverse diameter reported by other studies include  $25.2 \pm 2.4$  mm by Chethan et al. [19], 27mm by Tubbs et al. [20],  $30.4 \pm 2.6$  mm by Murshed et al. [2] and  $32 \pm 2$  mm by Wanebo and Chicoine [21].

In our study, in dry skulls the mean foraminal area in males was  $698.46 \text{ mm}^2 \pm 105.32 \text{ mm}^2$  and in females it was  $590.87 \text{ mm}^2 \pm 98.45 \text{ mm}^2$ . In CT scans, the mean foraminal area in males was  $705.23 \text{ mm}^2 \pm 111.22 \text{ mm}^2$  and in females it was  $602.16 \text{ mm}^2 \pm 76.23 \text{ mm}^2$ . In a similar study by Vinutha et al. in CT Scans the mean foraminal area in males was  $799.29$

$\pm 134.05 \text{ mm}^2$  and in females it was  $697.77 \pm 116.63 \text{ mm}^2$  [22].

The foramen dimensions and area exhibit sexual dimorphism and can be used along with other cranial sexually dimorphic parameters to conclusively determine the sex. In our study anteroposterior dimension, transverse dimension and area showed significant sexual dimorphism ( $p < 0.001$ ). Similar observations were made by Vinutha et al. in their study involving foramen in CT Scans [22].

The foramen magnum dimensions are studied in diverse ethnic groups and it is observed that they exhibit ethnic variation. The dimensions are studied in dry skulls and CT Scans and several authors are of the opinion that there is no significant difference in values between skulls and radiographs [23]. Variations in dimensions and shape have diverse clinical implications for neurosurgeons operating in the vicinity of the foramen and in understanding the pathophysiology of Arnold Chiari Malformation [12].

## Conclusion

A study on the shape and dimensions of foramen magnum has diverse clinical and forensic implications. The proximity of the foramen to the brainstem, hypoglossal canal, lower four cranial nerves and the contents of posterior cranial fossa increases its clinical significance and it plays a significant role in the pathogenesis of diseases in this region. This includes Arnold Chiari Malformation Type 1, Tonsillar herniation, compression of medulla in stenosis of the foramen and several other regional pathologies. The transcondylar approach is frequently used by neurosurgeons operating on intracranial tumours in the region of the brainstem. The foramen dimensions also exhibit sexual dimorphism and the sagittal and transverse dimensions are more in males than females. The foramen dimensions along with other sexually dimorphic cranial parameters can be used in forensic analysis to conclusively determine sex. The most commonly observed foramen shape was oval in this study. Neurosurgeons operating in the vicinity of the foramen must be aware of variations in its shape and dimensions.

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## Correlative Study of Length and Breadth of Mastoid Process with Cranial Index in North Karnataka Crania

Ratna Prabha J<sup>1</sup>, Uday Kumar<sup>2</sup>

### Abstract

Forty eight (48) male and 28 female, non - pathological, dried adult crania were studied. The cranial Index (CI) length and breadth of mastoid process (MP) on both sides were also measured. C.I was measured by winged caliper and MP was measured by vernier calipers. Male CI was 68.6 (SD±0.46) mean length of right MP was 2.66 (SD ± 0.18) mean left Breadth of MP 0.81 (SD ± 0.4). The CI of Female was 72.5, (SD ± 1.19) and mean length of MP right side in female crania was 2.60 (SD ± 0.23) mean length MP (left) side was 2.20 (SD ± 0.16) mean breadth of MP in female (right side) was 0.86 (SD ± 0.05) mean breadth of MP in female (left side) was 0.81 (SD ± 0.04). Correlation coefficient of CI in male and length of MP (right side) was 0.75 t test was 7.09 and p Value was highly significant (p<0.01) and length of MP (left side) was 0.74, t test was 7.46 and p value was highly significant (p<0.01) correlative coefficient of CI with Breadth of Mp (right side) was - 0.83 cm t test value was 10.0 and p value was highly significant (p<0.01) and Breadth of MP (left) side was - 0.72cm t test value was 7.03 p value was highly significant (p<0.01). The correlation coefficient of CI of Female crania study CI with length of MP (right side) mm 0.87 t test value was 8.9 p value was highly significant (p<0.01) CI with length of MP (left side) was 0.83 t test value was 7.5 P value was highly significant (p<0.01) CI with Breadth of MP (right side) was - 0.81 t test value was 7.04 p value was highly significant (p<0.01). CI with Breadth of Mp (left side) was - 0.82 t test value was 7.3 p value was highly significant (p<0.01). In the comparison study of male and female cranial parameters In males mean value of CI was 68.6 (SD ± 0.46) and mean value CI of female was 72.5 (SD ± 1.19) and the t test value was - 20.1 and the p value was highly significant (p<0.01) mean value of male MP length (right side) was 2.66 (SD ± 0.10) and mean value in female MP right side was 2.60 (SD ± 0.23) t test value was 1.64. P value was highly significant (p<0.01) mean value of length of MP (left side) in male crania was 2.11cm (SD ± 0.15). Mean value in female MP (left side) was 2.20 (SD ± 0.16) t test value was -2.60 p value was highly significant (p<0.01) mean value of breadth of MP (right side) in male crania was 0.82 (SD ± 0.05) and mean value in female MP (right side) 0.86 (SD ± 0.05) t test value was - 3.15 and p value was highly significant (p<0.01). Mean value of breadth of male crania (left side) was 0.81 (SD ± 0.04) and in female crania breadth of MP was 0.81 (SD ± 0.04) t test value was 0.79 and p value was insignificant (p>0.05) This correlative coefficient study is quite useful for ENTsurgeons, Radiologists, Medico - legal experts, Anthropologist and Anatomists because By knowing the value of one parameter like C.I one can explore the both sides MP and vice versa.

**Keywords:** CI Cranial Index Mp= Mastoid Process; Winged Calipers; Vernier Calipers.

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### Introduction

Mastoid process is a prominent breast like inferior projection from the mastoid part of temporal bone and is located postero-inferiorly to the external acoustic meatus. It has two surfaces i.e lateral and medial surface [1]. Lateral surface has muscular attachments viz sterno mastoid, splenius capitis, longissimus capitis and medial surface is grooved deeply called mastoid notch from where posterior belly of digastric arises, and occipital groove observed medial to mastoid notch in this groove

**Author's Affiliation:** <sup>1</sup>Assistant Professor <sup>2</sup>Associate professor, Department of Anatomy, Navodaya Medical College, Mantralayam Road, Navodaya Nagar, Raichur, Karnataka 584103, India.

**Corresponding Author:** Uday Kumar, Associate professor, Department of Anatomy, Navodaya Medical College, Mantralayam Road, Navodaya Nagar, Raichur, Karnataka 584103, India.

**E-mail:** vastushilpi@gmail.com

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lodges occipital artery [2]. The mastoid process is not present at birth, it may owe its existence to the pull of the muscles inserted into, and is usually better developed in men than women mastoid processes (MP) projects downwards and forwards immediately behind the meatus [3]. More over MP are found only in the gorilla and man being well developed in the latter and rudimentary in former. The free poise of the human head up on the spinal column as a recession of jaws, the back ward growth of brain and the erect standing posture are no doubt responsible for development of MP and for the greater mobility of the head in rotating movements [4].

As the MP also projects into internal ear consists of mastoid antrum, gets infected along with ear hence surgical approach to ear is through MP only. Hence normal length and breadth of MP has to be differentiated from pathological MP. By knowing the CI of the patient ENT surgeon or Radiologist can explore the normal length and breadth of MP, Moreover in Medico-legal practice by studying broken crania of any side with intact MP medico-legal expert can explore the whole crania. Apart from this these values express regional or anthropological and anatomical significance. Hence attempt was made to correlate C.I with MP in both sexes crania which appears to be a quite new method.

### Material and Method

Forty eight (48) male and 28 female non pathological dried adult crania were studied. The crania were put in anatomical position cranial length was measured from Nasion to Inion. Cranial breadth was measured from one supra mastoid crest to another. These measurements were taken by winged caliper. The length and breadth of mastoid process on both sides was measured by vernier calipers.

$$\text{Cranial Index} = \frac{\text{cranial breadth} \times 1001}{\text{Cranial length}}$$

**Table 1:** Average values of Male crania

	Cranial index	Length (Right)	Length (Left)	Breadth (Right)	Breadth (Left)
Mean	68.60	2.66	2.11	0.82	0.81
SD	0.46	0.10	0.15	0.05	0.04

**Table 2:** Average values of female crania

	Cranial index	Length (Right)	Length (Left)	Breadth (Right)	Breadth (Left)
Mean	72.54	2.60	2.20	0.86	0.81
SD	1.19	0.23	0.16	0.05	0.04

The pathological and broken crania were excluded from the study

The duration of study was about three years.



**Fig. 1:**



**Fig. 2:**



**Fig. 3:**

### Observation and Results

Table-1 Average values of male crania- mean value of cranial Index (CI) was 68.6 (SD  $\pm$  46) mean value of length of right mastoid process was 2.6 (SD  $\pm$  0.10) left mastoid process length was 2.07 (SD  $\pm$  0.12). The breadth of mastoid process on right side was 0.82 (SD  $\pm$  0.05) left side 0.81 (SD  $\pm$  0.04).

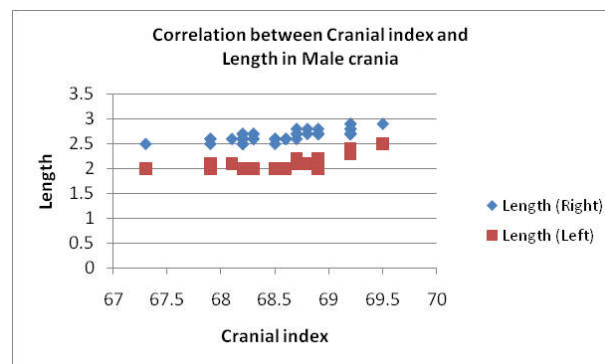
Table-2 Average values of female crania- value CI was (SD ± 1.19) length of mastoid process on right side was 2.60 (SD ± 0.23) on left side it was 2.19 (SD ± 0.17) Breadth of the mastoid process on right side was 0.86 (SD + 0.05) on left side it was 0.80 (SD±0.04)

Table-3 correlation of CI with length and breadth of Male crania

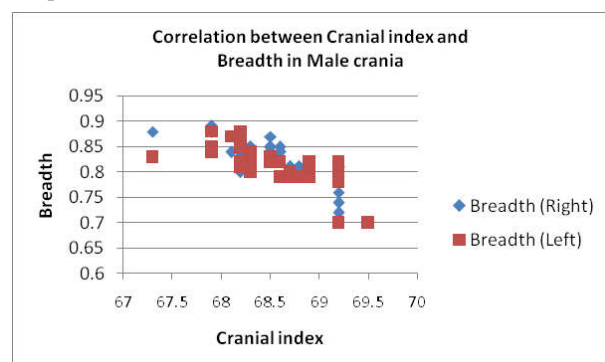
- a. Correlation coefficient CI with right mastoid process (MP) length was 0.75, t test 7.69 p value was highly significant (p<0.01)
- b. Correlation coefficient of CI with Length of MP (left side) was 0.74 t test was 7.46 p value was highly significant (p<0.01)
- c. Correlative coefficient of CI with Breadth of MP (Right side) was 0.83, t test was 10.0 p value was highly significant. (p<0.01)
- d. Correlative coefficient of CI with Breadth of MP (left side) was - 0.72 t test was 7.03 p value was highly significant (p<0.01)

**Table 3:** Correlation of Cranial index with Length and Breadth in Male crania

Cranial index	Length (Right)	Length (Left)	Breadth (Right)	Breadth (Left)
Correlation coefficient	0.75	0.74	-0.83	-0.72
t test	7.69	7.46	10.09	7.03
p value	p<0.01	p<0.01	p<0.01	p<0.01



**Graph 1:**



**Graph 2:**

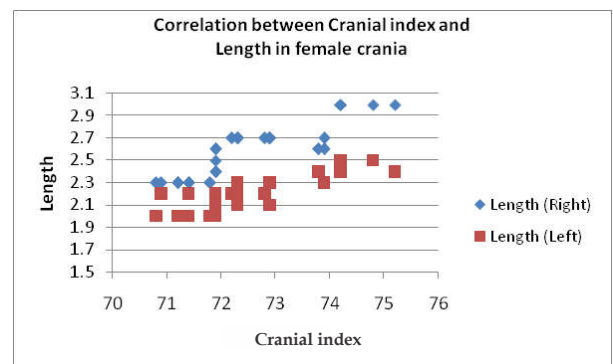
Statistically highly significant positive correlation observed between Cranial index and Length (p<0.01) while highly significant negative correlation observed between Cranial index and Breadth (p<0.01) in male

Table-4 correlation of CI with length and Breadth of MP in Females crania

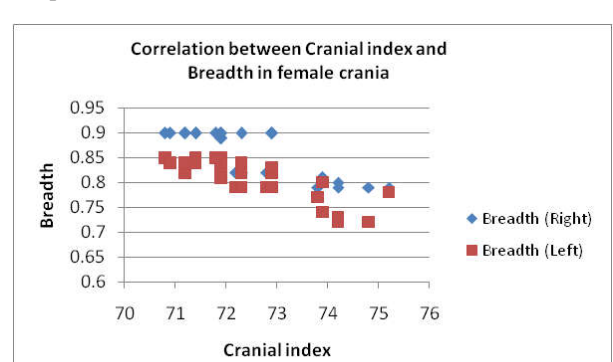
- a. Correlative coefficient of CI with length of MP (right) was 0.87 t test was 8.99 P value was highly significant (p<0.01)
- b. Correlative coefficient of CI with length of MP (left) was 0.83 t test was 7.58 P value was highly significant (p< 0.01)
- c. Correlative coefficient of CI with Breadth of MP (Right) was -0.81 t test was 7.04, P value was highly significant (p<0.01)
- d. Correlative coefficient of CI with MP Breadth (left) was - 0.82, t test was 7.30 p value highly significant (p<0.01)

**Table 4:** Correlation of Cranial index with Length and Breadth in Female crania

Cranial index	Length (Right)	Length (Left)	Breadth (Right)	Breadth (Left)
Correlation coefficient	0.87	0.83	-0.81	-0.82
t test	8.99	7.58	7.04	7.30
p value	p<0.01	p<0.01	p<0.01	p<0.01



**Graph 3:**



**Graph 4:**

Statistically highly significant positive correlation observed between Cranial index and Length ( $p < 0.01$ ) while highly significant negative correlation observed between Cranial index and Breadth ( $p < 0.01$ ) in female.

Table 5 comparison of male and female parameters of CI and MP

- CI of Male was 68.6 (SD  $\pm$  0.40) and CI of Female was 72.5 (SD  $\pm$  1.19) t test was - 20.1 and p value was highly significant ( $p < 0.01$ )
- Mean value length of Male Mp right side was 2.66 (SD  $\pm$  0.10) and Female right side MP was 2.60 (SD  $\pm$  0.23) t test was 0.23 p value was significant ( $p < 0.05$ )
- Mean value length of Male MP (left side) was 2.11 (SD  $\pm$  0.15) and Female MP (left side) was 2.20 (SD  $\pm$  0.16) t test was 2.60 p value was highly significant ( $p < 0.01$ ).
- Mean Breadth of MP (right side) in Male was 0.82 (SD  $\pm$  0.05) and in Females 0.86 (SD  $\pm$  0.05) t test was 3.15 p value was highly significant ( $p < 0.01$ ).
- Mean value of male MP Breadth (left side) was 0.81 (SD  $\pm$  0.04) and in female 0.81 (SD  $\pm$  0.4) t test value was 0.79 p value was insignificant ( $p < 0.05$ ).

crania. The mean value of CI in Male crania was 68.6 (SD  $\pm$  0.46) mean length of MP (right side) was 2.66 cm (SD  $\pm$  0.10) and MP (left side) was 2.11 (SD  $\pm$  0.15) mean Breadth of MP (right side) was 0.82 (SD  $\pm$  0.05) and left MP was 0.81 (SD  $\pm$  0.04) (Table 1).

The mean values of parameters in Female crania was CI was 72.5 (SD  $\pm$  1.10) mean length of MP (MP) (right side) was 2.60 (SD  $\pm$  0.23) and MP (left) was 2.20 (SD  $\pm$  0.16) mean value of breadth of MP (right) was 0.86 (SD  $\pm$  0.06) and breadth of MP (left) was 0.81 (SD  $\pm$  0.04) (Table 2).

a. The correlation of CI with length and breadth of MP in male crania was correlative coefficient of CI with length of MP (right) was 0.75 t test value was 7.69 and p value was highly significant ( $p < 0.01$ ) length of (b) correlative coefficient of CI with length of MP (left) was 0.74, t test value was 7.46 p value was highly significant ( $p < 0.01$ ) (c) correlative coefficient of breadth of MP (right) was 0.83, t test value was 10.09 and p value was highly significant ( $p < 0.01$ ) (d) correlative coefficient of CI with breadth of MP (left) was -0.72, t test value was 7.03, and p value was highly significant ( $p < 0.01$ ) (Table 3). Correlation of CI with length and breadth of MP in female crania was - (a) correlative coefficient of CI with length of MP (right) was 0.87, t test value was 8.99 p value

**Table 5:** Comparison of male and female parameters

		Cranial index	Length (Right)	Length (Left)	Breadth (Right)	Breadth (Left)
Male	Mean	68.60	2.66	2.11	0.82	0.81
	SD	0.46	0.10	0.15	0.05	0.04
Female	Mean	72.54	2.60	2.20	0.86	0.81
	SD	1.19	0.23	0.16	0.05	0.04
	t test	-20.15	1.64	-2.60	-3.15	0.79
	p value	$p < 0.01^{**}$	$p < 0.05^*$	$p < 0.01^{**}$	$p < 0.01^{**}$	$p > 0.05$

\*Significant, \*\*highly significant

Statistically significant difference observed in right Length of male and female ( $p < 0.05$ ) and highly significant difference observed in Cranial index, left Length of male and female ( $p < 0.01$ ).

While highly significant difference observed in right breadth of male and female ( $p < 0.01$ ).

But no significant difference observed in left breadth of male and female ( $p > 0.05$ )

## Discussion

In the present study of correlative study of length and breadth of MP with CI, in the North Karnataka

was highly significant ( $p < 0.01$ ) (b) Correlative coefficient of CI with length of MP (left) was 0.83 t test was 7.58 and p value was highly significant ( $p < 0.01$ ) (c) correlative coefficient of CI with breadth of MP (right) was - 0.81 t test was 7.04 p value was highly significant ( $p < 0.01$ ) (d) correlative coefficient of CI with Breadth of MP (left) was - 0.82 t test was 7.30 p value was highly significant (Table 4).

Comparison of parameters of male and female crania was (a) Mean value of CI in male 68.6 (SD  $\pm$  0.46) and female CI was 72.5 (SD  $\pm$  1.19) t test value was -20.15 p value was highly significant ( $p < 0.01$ ) (b) mean value of length of MP (right) in Male crania was 2.66 cm (SD  $\pm$  0.10) and Female 2.60 (SD  $\pm$  0.23)



t test value was 1.64 p value was significant ( $p < 0.05$ ) (c) Mean value of length of MP (left) in Male crania was 2.11 (SD  $\pm 0.16$ ) t test value was -2.60 and p value was highly significant ( $p < 0.05$ ) (d) mean value of breadth of Male (right) was 0.82 (SD  $\pm 0.05$ ) and in Female 0.86 (SD  $\pm 0.05$ ) t test value was -3.15 P value was highly significant ( $p < 0.01$ ) (e) Mean value of breadth of Male (left) was 0.81 cm (SD  $\pm 0.04$ ) and Female was 0.81 (SD  $\pm 0.04$ ) and t test was 0.79 p value was in significant ( $p > 0.05$ ) (Table 5). These different values were more or less in agreement with previous studies [5,6,7].

The length and breadth variations in both sexes and on both sides could be due to developmental factor. The otic capsules develop number of calcification centers that unite to become a petrosal bone. The petrosal first located in the lateral wall of neurocranium

Due to expansion of cerebral hemisphere it was relegated to the ventro lateral position called mastoid process [8]. Moreover evolution insofar affects various parts of the body has been asymmetrical. The lower extremities attained their man-like form before the skull, similarly the skull and its various parts also exhibits evidences of asymmetric evolution which results into variations of length and breadth of MP [9].

As petromastoid bone had various ossification centres. These centers may express their morphological individuality which may results into variations into length and breadth of MP. It is also reported that tubercle, tuberosities, processes (or projections) are formed in direct response to the pull of tendons or ligaments [10]. It is presumed that probable function of MP was related to degree of development and pull of several muscles attached to it and presumably related to balance of the head on the spinal column against gravity.

### Summary and conclusion

The present study of correlative study of length and breadth MP with CI of north Karnataka population would be useful to ENT surgeons, Radiologists, Medico-legal experts, Anthropologists and Anatomists to explore the normal length and breadth of MP by studying the CI of the patients

or person before or after the Ear (mastoidectomy) surgeries to preserve the facial nerve and occipital artery. Anthropologist can differentiate present CI and MP with other region of India and abroad But this study further demands genetic, bio-mechanical, anthropological, embryological and nutritional study because exact mechanism and formation of mastoid process is still unclear.

This research paper was approved by ethical committee of Navodaya Medical College, mantralayam road, Navodaya Nagar, Raichur 584103 Karnataka

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## Abnormal Origin of the Right Coronary Artery: A Case Report with Literature Review

Dhanesh Kumar Sharma<sup>1</sup>, Meryl Rachel John<sup>2</sup>, Nikita Chaudhary<sup>3</sup>

### Abstract

Anomalous origin of right coronary artery is a rare congenital anomaly that was 1st described in 1948 by White and Edwards. It is well established that an anomalous origin of right coronary artery may be asymptomatic but it can lead to angina pectoris, myocardial infarction and sudden death, even in the absence of atherosclerosis. So, although many of these anomalies are clinically insignificant but some are associated with serious morbidity. Incidence of coronary anomalies in patients undergoing coronary angiography varies from 0.64% to 1.3%. We described the case of corresponding author, who had history of breathlessness off and on in the early morning in lying down posture relieved on seating posture; and once a moderate pain along the medial aspect of his right arm and then the evaluation revealed an anomalous right coronary artery arising at a higher level. We discussed the clinical importance of this anomaly and reviewed the literature concerning current views and therapy. Conceptual and therapeutic debates remain. Aim of present study is to reappraise the concept of anomalous origin of coronary artery and to discuss the potential hazards and treatment rationale of this anomaly on the basis of literature review. A comprehensive literature review was made.

**Keywords:** Coronary Arteries; Anomalies; Angiography Catheterization; Morbidity.

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### Case Report

One day in the morning in December 2018, the corresponding author at his present age of 62 developed a moderate pain in the morning along the medial aspect of his right arm. He had history of breathlessness off and on in the early morning in lying down posture which relieved on seating posture since his age of 24. On investigation he was having systolic murmur over aortic area and prominent T wave in Electrocardiography. Trade

mill test and echocardiography were without any significant finding. For last 3 years he was under antihypertensive drug medication. And then this once moderate pain along the medial side of his right arm on evaluation in angiography revealed an abnormal right coronary artery arising at a higher level in ascending aorta. Otherwise he was an energetic individual with full of life and had not previously had any problem with chest pain or breathlessness on exertion. The episode of moderate pain lasted for about 12 hours with intervals of disappearance of pain for a few seconds or minutes. During episode, there was no any occurrence or association of palpitations or chest pain etc.

Angiography revealed nonocclusive coronary artery disease with anomalous high derivation of right coronary artery above the level of right aortic sinus. A minor plaque in the distal part of left anterior descending branch of left coronary artery and also a minor plaque in the distal part of left circumflex branch of left coronary artery were found. (Figs. 1 and 2)

**Author's Affiliation:** <sup>1</sup>Additional Professor and Head <sup>2</sup>PG Junior Resident <sup>3</sup>PG Junior Resident, Department of Anatomy, All India Institute of Medical Sciences, Raipur, Chhattisgarh 942099, India.

**Corresponding Author:** Dhanesh Kumar Sharma, Additional Professor and Head, Department of Anatomy, All India Institute of Medical Sciences, Raipur, Chhattisgarh 942099, India.

**E-mail:** [dhyanesh.sharma@gmail.com](mailto:dhyanesh.sharma@gmail.com)

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Fig. 1: LCA



Fig. 2: RCA

### Discussion

The coronary arteries transport blood into and out of the cardiac muscle of the heart and they comprise the left and right coronary arteries with their branches. The coronary arteries are also distinguished as the epicardial lying above the epicardium and the microvascular lying close to the endocardium) [1]. The right coronary artery (RCA) originates from the anterior/right coronary sinus above the level of the right cusp of the aortic valve and runs down in the right coronary sulcus or groove in the direction of

the crux of the heart. The three aortic sinuses are the dilatations of wall of ascending aorta immediately above the cusps of the aortic valve. The RCA supplies mainly the right atrium & the right ventricle and partly the left atrium & the left ventricle and the interventricular septum.

An abnormal origin of the RCA either may be asymptomatic or may be symptomatic and lead to angina pectoris, myocardial infarction or sudden death, even in the nonexistence of atherosclerosis [2,3] however the pathophysiologic foundation for this association is indistinct. The abnormal derivation of the right coronary artery is an uncommon presentation at birth and this anomaly was 1st expressed by White and Edwards in 1948 [1]. The abnormal RCA originates either from left coronary sinus or from the aortic wall above the level of the coronary sinus [4]. The prevalence of abnormal RCA has been reported in literature as < 1% [5]. Most of these anomalies are clinically benevolent; on the other hand others are linked with severe morbidity [3]. The occurrence of this anomaly in the white population, in the autopsy studies has been mentioned as 0.026% [6] but in other populations however, the prevalence is shown significantly elevated. In Japan, Kaku and colleagues [7] had examined 17,731 patients with coronary angiography in Japanese people from year 1968 and 1994 and found prevalence of abnormal RCA as 0.25% [3]. Topaz and co-workers [8] reported about an analogous numbers in their study and recorded that abnormal RCA was the most common coronary anomaly in people of Hispanic derivation. The screening CT coronary angiography had exposed origin of right coronary artery from the ascending aorta, about 1 cm above the left coronary sinus. The artery was traversing in between pulmonary trunk and ascending aorta before its subsequent next normal course. No any significant atherosclerotic plaque was found [9].

Despite the consequences of the grounds of the adverse associations, there is a necessity to study of those patients prospectively lying at the highest risk. Taylor and co-authors in 1992, [2] in their study of 52 patients having anomalous origin of the RCA recorded that 25% had died suddenly and in most cases they were asymptomatic. It has been mentioned that the anomalous RCA as second to the abnormal LCA, as the cardiac anomaly mostly associated with unexpected sudden cardiac death. Taylor and associates later in 1997 [10] did a blinded pathologic breakdown of 21 cases of anomalous origin of the RCA towards an effort to stratify such cases by risk. Despite review of

different anatomic variables including ostial size, length of intramural course, angle of take-off and the presence of symptoms, they could find only that an age of 30 years or older are associated with a lower occurrence of sudden cardiac death.

In anomalous RCA, the method of myocardial ischemia/angina pectoris is mainly dynamic and it is not due to atherosclerotic plaques. The potential causes of obstacle in blood flow are the ostial obstruction by nick like coronary orifice, compression of RCA and stretching of the RCA with aortic/pulmonary artery expansion [11]. Autopsy studies demonstrated diffuse irregular necrosis and fibrosis of myocardium suggestive of frequent episodes of miniature infarction. The probable cause of sudden unexpected death could be the sustained ventricular tachyarrhythmia due to an unstable myocardial substrate [4].

The selection of treatment for right coronary anomaly is divisive with some advocating revascularization in each and every one case. Projected options comprise translocation of the RCA to the aorta [12], ostioplasty (excision of the common wall between the RCA and the aorta) [13], and bypass grafting of the RCA (with optional ligation of the local artery proximal to the graft anastomosis to avoid competitive flow) [14]. However, the long-standing profits of such therapies have not yet been confirmed. The treatment for this condition is extra traditional in Japan. Kaku and associates [7] had studied 56 patients with an abnormal origin of the coronary arteries and treated them medically with drug  $\beta$ -blockers. More or less 9% of such patients experienced occurrence of hypotension and arrhythmias during exertion and no any death was detected to be directly correlated to the congenital abnormalities during 5 years of their follow-up.

The development of coronary arteries is a delicate, complex and delicately tuned progression which includes numerous interactions between several pathways, particularly in the pericardium and the embryonic myocardium. There still exists some disagreement on the precise origin of definite cellular constituents however an understanding of this exceedingly important developmental process is paramount to recognize some of the reasons of abnormal development of coronary arteries [15]. Abnormal starting point of coronary arteries can be basically categorized according to the ectopically originated coronary arteries. The method of coronary angiography is the advanced and modern investigating procedure for the diagnosis of coronary abnormalities with recognition of stenosis, ostial barrier, compression or stretching

of coronary arteries during ascending aorta and or pulmonary trunk distension.

## Conclusion

Although an abnormal origin of RCA may be asymptomatic mostly but it's leading to angina pectoris due to insufficient coronary blood circulation, myocardial infarction by complete blockage of blood flow to an area and sudden unexpected death cannot be denied, even during the absence of atherosclerotic plaques. So, bringing this anomalous condition into the group of clinically insignificant lot is not justifiable, as some of them may lead to grave morbidity and may endanger the life. Conceptual and therapeutic debates remain because the diagnosis and the management of such patterns continue to be challenging. A good knowledge of the normal coronary artery development and its deviation can potentially help us explore new boulevard towards the management of ischemic heart disease caused by the abnormal coronary arteries.

*Conflict of interest: None*

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