

## Respectful Maternity Care

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### ABSTRACT

Women have the right to receive respectful maternity care in all healthcare systems around the world. Women's experiences with maternity caregivers can either be empowering and comforting or inflict lasting damage and deep emotional trauma. Either way, memories of childbearing experiences can stay with women throughout their lifetimes. Respectful Maternity care is a care which is provided during labour and child birth. According to the WHO It is not a help or our duty it is a human right of the lady or women, but according the many studies some of lady are not got Respectful Maternity care during that time due to that reason the mortality and morbidity rate is not reduce in rural areas and some urban areas also. So there is the need to take care of that ladies or women which is not got right treatment and Respectful care during labour or childbirth.

**Keywords:** Human Right, Labour, World health Organization, Morbidity, Mortality, Healthcare system.

### INTRODUCTION

The journey of respectful maternity care began with the Universal Declaration of Human rights in the last 1940s. In the 1990s the United Nations issued a Declaration on the Elimination of Violence against women and a movement in Latin American called the humanization of childbirth. Some of the first report of violations of women rights in childbirth came from the human rights community.

The Global focus shifted from the initial focus on reduce maternal and infant mortality to the development of human rights standers on reduction to maternal and child mortality and morbidity.

Recently, it has focused on addressing disrespect and abuse as manifestation of a systemic failure to uphold human rights standards.

Respectful Maternity care is an approach centered on an individual, or women to women according labour or childbirth time. This care is Based on some principles of ethics and Respectful for Human rights and Promotes practices or skills that Reduce the women mortality and morbidity rate RMC is a universal human right that every woman and child should needed it. However, manywomen across the world experience they are not got the RMC care it they got in a disrespectful, abusing or neglectful treatment during childbirth in Health center or PHC center etc.

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Respectful maternity care is not only an important component of quality of care, it is a human right. In 2014 the WHO issued a statement for the prevention and elimination of disrespect and abuse during Childbirth, stating that “every woman has the right to the highest attainable standard of health including dignity, during pregnancy and childbirth.” Include the right to dignified care. WHO also called for mobilizing government, programmers, researcher, advocates and communities to support RMC, in 2016, WHO published ne guidelines to improve quality of care for mother and newborn in health facilities.

### *Disrespect and Abuse Face by a Mother*

Disrespect and Abuse, a concept closely related to obstetric violence, has been documented in many different countries around the world, in 2010 scenario analysis, bowser and hill described 7 categories of abusive and abusive care during childbirth, physical abuse, non-consensual care, non-respectful care, discrimination, abandonment and detention in health facilities, 2015 systematic review update this framework to include:

- Physical torture
- Sexual exploitation
- Oral Misue
- Stigma and discrimination
- Failure to meet professional standards of care
- Poor reporting among women and providers
- Health system status and constraints

Other factors that can affects a woman risk include socioeconomic status, equality, age, and mate race, being polyamorous has been found to be a protective factor, which may suggest that past experience helps patients avoid abusive treatment, or that past experiences are common among certain groups, such as women of color, young women, and those who are economically abusive treatment is normalized. Social or health challenges.

### **RIGHTS OF CHILD BEARING WOMEN**

*These are the seven Right of childbearing women it describes are the right to*

- 1 Freedom from Harm & ill treatment.
- 2 Information, Informed consent, refusal respect for choices and preferences including the right to a companion of choice where able possible.
- 3 Confidentiality and privacy.
4. She is having Right to dignity and respect.
5. Right to equality freedom from discrimination and equitable care.
6. Right is time to time health care and highest attainable level of health.
7. Right to liberty Autonomy self determination and freedom from coercion.

So all health care provider who is dealing during labour keep in mind these all right and never violation of these right.

### **CONCLUSION**

Thus we can say that the every health care provider during labour of women keep in mind the seven right and provide a respectful maternity care to mother and never anger on women unnecessary and provide a qualitative care or treatment social accountability efforts might be combined with quality improvement or other strategies to improve governmental capacity to provide quality and respectfully maternity care.

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