

## Total Anal Sphincter Saving Technique for Fistula-in-Ano; The Ligation of Intersphincteric Fistula Tract(LIFT)

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### Objective

To describe a new technique for fistula-in-ano surgery aimed at total sphincter preservation, and evaluate the preliminary results concerning non-healing and intact anal function.

### Material and Method

A prospective observational study in Twenty fistula-in-ano patients treated by ligation of intersphincteric

fistula tract (LIFT) technique, from September 2011 to April 2012.

### Results

Fistula-in-ano in eighteen patients healed primarily (90%). There was one non-healing case (5%). The mean healing time was four weeks. None had disturbances in clinical anal continence.

### Conclusion

The early outcome of the LIFT technique is quite impressive. Results warrant a larger study with long-term evaluation. This technique has the potential to become a viable option for fistula-in-ano surgery