

## Human Values: A Multidisciplinary Approach in Environmental Studies

**Kaushal Chauhan**

### Abstract

Environmental study is an interdisciplinary subject focused on the interplay between individuals and their surroundings. It is the teaching of individuals, and communities, in transitioning to a society that is knowledgeable of the environment and its associated problems, aware of the solutions to these problems, and motivated to solve them. Inculcation of Values plays a significant role in environmental studies and provide great solution present multidisciplinary environmental scenario. Values are real physical object that makes life respond. One Value by one single act can accomplish at once what others have labored for decades, even centuries, to achieve. Accomplishment depends not only on physical energy. Even more it depends on the intensity of different values which we are able to bring to our action. The values are true motivators and are important for achievements of the purposes. This paper highlights different types of values that are very important in environmental studies and behaviors of individuals that is helpful for human being in attaining their life goals.

**Keywords:** Environmental Education; Value Education; Values; Social Values; Professional Values; Cultural Values; Spiritual Values; Ethical Values; Family Values.

### Introduction

The environment study broadly includes natural, learning and informational environment. Values are committed for the development of Environmental studies. Values predicts environmental condition in which human behave. Values are standards of good behavior and real source of happiness that determine our decisions and guide our lives. A value is a guiding force of life that we follow it because of your own free will and not due to force by others in any way. The intensity of our commitment and quality of the values determine the level of accomplishment in one life. It is a belief, mission or a philosophy that is meaningful in life. Every individual has a GOD gifted core set of personal values. Values can gain by hard work and punctuality. Values are the greatest power known to humanity, as we all invest time, energy, money and

resources to move towards or away from. Values are an embodiment of higher truth with spiritual skills and a path to perfection. It flow positive energy. Values multiply the power of action. It comes from feeling and expressing them in action. Just as individuals and organizations set goals and implement plans, they can implement values as well. Value implementation is a process that can be learned. As Internet has the power of subtle organization, Values are subtle power.

#### *Objectives*

- To provide essence and source of all high accomplishments.
- To create value based energy of higher level and higher power.
- To express of values in action for great achievement by an individual, an organization or a nation.
- To create leaders and shape our lives.
- To create wealth knowledge, joy, aspiration and success.

**Author's Affiliation:** Librarian, MM University, Mullana (Ambala) Haryana - 133207.

**Reprint's Request:** Kaushal Chauhan, Librarian, MM University, Mullana (Ambala) Haryana - 133207.  
E-mail: chauhan\_khushi@rediffmail.com

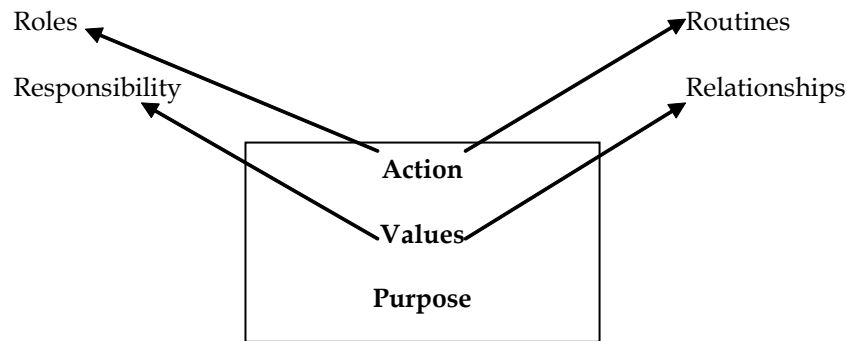
### *Origin of Values*

Humanity has come to recognize true and valid set for human behavior and accomplishment. These principles are derived from two sources from life experience and spiritual inspiration. The enlightened individuals experienced spiritual consciousness that manifested universe. They discovered the essence of what we call GOD, Spirit or Divinity, express itself as fundamental spiritual values in the universe such as freedom, peace, truth, unity, Goodness, Harmony, Beauty, Love, Joy, and self giving. They recognized that the more you strive to live by these values, the higher you rise in consciousness and the more the higher spiritual consciousness enters your being and express in your life. The precise form and importance given to each of these values differs according to the period and locate, but the essential truth which they represented remained valid. Cultures may have erred

by emphasizing one value, but each culture expression was based on essential, through partial truth- truth of accomplishment and truth of life.

### *Types of Values*

Just as we do not create purpose in our life but we detect it. In the same way, I have to detect what is the pattern of values that have been important in my life. In other words, we must clarify the innate values and the acquired values which are most deeply connected to the purpose or clarify special what we really value in our life and how to use these values as the basis for choice, selection and decision making. Thus our values are determining our worth. The values are true motivators and are important for achievements of the purposes in life particularly those values which should be the touchstone for important decisions in our life.



Our Actions don't support our purpose when they are not guided by a value or there is the incapacity to express the value correctly. Therefore we have to very clearly identify the value system that we are gifted with. Values can either be chosen consciously from understanding or shaped unconsciously from conditioning. These include traditional influences of family, society, religion, education, media, science etc. There can be a difference between our authentic values and the values that we have which are shaped by unconscious influences. The challenge is to find the right ones for the time: values which will give us a sense of stability and direction for safe passage. Values are like moral compasses because they guide us in our actions on a day basis, while being consistent with our purpose. Different types of values consistent with our purpose. Different types of values pulling in different direction lead to inner conflict and stress so we need to clearly define our priorities. Values are the quality that we bring in to our relationships, what we bring into our life day by day. Values are like the fuel. In any situation where these values are imbibed, they will decide the course of our action they become the basis or foundation for

achieving our vision. There are mainly six types of Values: Ethical Values, Family Values, Professional Values, Social Values, Cultural values, and Spiritual Values.

### *Ethical Values*

Ethics is the branch of philosophy concerned with moral principles. It is set of principles concerning right and wrong and how people should behave. Ethics are based on the awareness that a human being is essentially spiritual and intrinsically valuable. Ethical Values respect human through self restrained, non aggression, integrity, justice and honesty. In the hierarchy of values, spiritual, ethics and morality rank among the heist. A person with ethical values can be trusted and will be respected and revered. These values presuppose moral courage and the power to act according to one's moral convictions even at the risk of financial, emotional or social security.

*Purity:* Purity is synonymous with good character. Intellectual purity means clarity of thought. Your

thinking is sequential, logical, unwavering and free from contradictions. Mind becomes pure and silent when we nurture it form truth. Purity evokes greatness in every action. It is reflected in the beauty in the faces and the light in the eyes of people. A fraternal attitude of purity is the foundation of peace and happiness. Purity means our thoughts originate in self respect and a clean conscious. Purity is the integrity, good wishes and pure feelings. Purity means you are free from desires for recognition, appreciation, special, opportunities, and positions. Insults don't touch you because they have no resonance within. Negative behavior towards you rolls off you like a dirty water from a lotus petal. You remain neutral and uncritical.

*Honesty:* "No legacy is so truth as Honest". William Shakespeare (1564-1616). An honest person has integrity so there are no contradictions between their thoughts, words, and actions. Honesty means to be strait forward and not to obscure and distort truth. Honesty also means to faithful and trustworthy. An honest person is transparent and is loved by GOD, Friends, Connections and family. "Being entirely honest with oneself is a good exercise" Sigmund Freud (1856-1939). Honest person are courageous, prepared to stand up for their principles. Honest person are neither under anyone's influence nor do they try to bring others under their influence. "Honest men fear neither the light nor the dark" Dr. Thomas Fuller (1608-1661).

*Integrity:* Integrity is what we say, what we do, and what we say we do". Don Galer. Human being values people of integrity because we know what to expect from them. "Integrity has no rules." Albert Camus. We know they will act honorably and that they will do what they think is right. Everyone wants people with integrity as friends, on our organizations, being consistently honest and trustworthy. Doing what you say you will do. Thus Integrity is regarded as the honesty and truthfulness or accuracy of one's actions.

*Fairness:* Fairness treats all people fairly. One should be open minded, listen to others and try to understand what they are saying and feeling. It is being committed to the principles of social justice and opposing prejudice, dishonesty and injustice. It is a value characterized by freedom from prejudice or favoritism. It is an essential attitude of Impartiality and is a corner stone of the relationship between the citizenry and those sworn to protect and serve them. It requires respect for cultural and ethnic diversity.

#### *Compassion*

Compassion is evident when a person acts with generosity and mercy towards someone who is

experiencing misfortune. It is not an emotion but an attitude based on clarity, understanding and inner power. It contains the feeling of sympathy together with the state of detachment ensuring that your response and judgment are not clouded by emotion.

*Trust:* Trust is having faith, relying and believing in someone or something. It is reliance on another person or entity. It is also attributable to relationships within and between social groups. Trust believes that the person whom is trusted will do what is expected. Trustworthiness is the characteristics or behaviors of one person that inspire positive expectations in another person. The secret of trust is faith in our belief. It is having confidence that right things will come about without trying to control or make it happen.

*Truth:* Truth is self evident. Truth cannot remain hidden permanently, sooner or later it emerges. Dishonest arises from an attitude of self interest and the consciousness of scarcity. There is much socialization o develop dishonesty, so you need strength to resist it. Dishonesty arises when a system does not allow the truth to be spoken. If the truth were allowed and encouraged, pockets of dishonesty would be discerned and exposed immediately. Truth is imperishable essence. You overcome falsehood and illusion through practicing the power of truth. Truth itself a gift, that is dropped in your lap, a very deep thing. It is knowledge the whole span of your journey through time.

#### *Family Values*

Family value supports the quality of family Life. Loyalty, being loving, and caring, are supportive and protective. Family values vary according to the wider social system, but the closer they come to universal values the more likely the family is to be healthy and happy. To keep family functioning as a unit, and to foster open communication between parents and kids, experts recommended a once a week family meeting.

*Love:* Love is regarded supreme emotion. It flows from spiritual awareness. It is an eternal quality of the self which brings joy. It makes you free from worry and brings a natural experience of peace. It sees only the qualities and potentials of others not their faults or short comings. The more love you have for the divine the more detached you will be. Love is an eternal quality of the soul which brings joy. With love even the most extreme situation can be transformed to feel as light as a feather. It is said, 'Love can turn stone into water. The heart becomes disenchanted through experiencing selfish love again and again.

*Caring:* The most powerful way to succeed in life is to move concern for our fellow human beings that is caring. Happiest people literally lose themselves in the feelings, thoughts, and aspirations of others. We should listen carefully to other's thoughts and feelings and show genuine concerned empathy. New ideas or fresh new insights are suddenly revealed or a new interesting idea, project, or event might suddenly come out of the discussion. This all happens because you have shifted your concern towards the other person.

*Patience:* It is said patience is the greatest virtue. When you are patient you have the capacity to accept or tolerate delay, trouble or suffering without getting upset. Any good and worthwhile task more time and effort than you anticipate. With patience we get good wishes. Patience is a wonderful measure against indiscretion but it is also a means of encouragement. "With love and patience everything is possible". Dr. Daisaku Ikeda.

*Forgiveness:* Forgiveness means having the power to love unselfishly and freely. Your spiritual power allows you to let go of memories of past injuries, insults, and harm. It means to be merciful to others. Forgiveness attitude has the power to transform and inspire. We should forgive all people who have created hurdles in our life and made it more difficult to us to live. Lack of power and knowledge leads one to commit mistakes and thus becoming weak. To tolerate someone else's mistake is one thing; to forgive them is even greater.

*Faith:* "Faith is a passionate intuition". William Wordsworth. It is knowing and inner certainty. Faith means that you feel confident in relying upon yourself, upon beneficial outcome of events. Faith brings an inner sparkle of joy in your thoughts, words, and behavior and your face shines. Our faith is tested externally through people, places and things and internally through our mind and personality traits. Society lives by faith and develops by Science". Henri Frederic Amiel.

*Empathy:* Empathy is an action of understanding and capacity to recognize and to some extent share feelings (sadness or Happiness). It is the ability to view and understand things. "Empathy is full presence to what's alive in the other person at this moment". John Cunningham.

*Harmony:* Harmony is a consequence of your attunement with nature, people and your own inner being. Harmony contains love, unity, concord, friendliness, and generosity. It is our original blissful state of being. It is Value of living with other in harmony is essential for cultivating a stable, mutually

beneficial society. Harmony means to understand each other and to accept each other, giving each one the space and time to be exactly as they are. It leads to harmonious co-existence. "Harmonizing speech and action is the criterion for character building". Sri Ramakrishna.

#### *Professional Values*

Profession means a job that needs special training and a formal qualification and professional means relating to or belonging to a profession. Professional values apply in the workplace. They include accuracy, quality of output, honesty, punctuality, efficiency, cost effectiveness, and trustworthiness. They also include appropriate behavior towards superiors, equals, and subordinates, respectful conduct towards women, no sexual harassment, respect for intellectual property rights, and commitment to contractual obligations, the right to compensation commensurate with work performed, health protection and retirement benefits.

*Competence:* Competence is the ability of an individual to perform a job properly. Competence provides a structured guide enabling the identification, evaluation, and development of the behaviors. It is a combination of knowledge, skills, and behaviors used to improve performance; or as the state or quality of being adequately or well qualified, having the ability to perform a specific role. It is a cluster of related abilities, commitments, knowledge and skills that enable a person to act effectively in a job or situation. Competency can be learnt and developed.

*Discipline:* Discipline means to adopt a practice and maintain that practice with continuity. When you are disciplined you understand yourself and know your limits whether physical, emotional, or intellectual. Discipline strengthens us and emerges our latent abilities. It also means to fulfill our commitment. Discipline comes from inside that brings unbroken safety.

*Determination:* Determination is an unbroken line, a backbone. Without determination life becomes scattered. It makes you sit up straight and love everything because it's all part of moving forward. We have to feed determination to nourish the qualities that we wish to keep with us, examining them and using them.

*Perseverance:* Perseverance is keep going in spite of difficult obstacles. It is pushing our self again and again. It is being purposeful and steadfast. "it does not matter how slowly you go, So long as you do not stop". Confucius. A man is not finished when he

defeated. He is finished when he quits. Perseverance helps when we think of give-up before accomplishing a task. Or when we are not doing things step by step. Victory belongs to the most persevering" Napoleon Bonaparte.

*Respect:* Respect is to know and acknowledge our own values and to honor the worth and dignity of others. Respect means to honor another person with politeness and hospitality. Maintaining a balance of self respect and respect for others leads to healthy interactions and quality social relationships. Respect means watching and nurturing strength and it is based on awareness that everyone has value because everyone is unique. So respect is keeping himself equidistant between strength and weakness. "He who wants a rose must respect the thorn" Persian Proverb. Respect is behaving in a way which makes life more peaceful and orderly for everyone.

*Co-Operation:* Great achievements are not achieved along but through the collective inputs of talented intellect and hearts. Courage, consideration, caring and sharing provide the foundation for the process of co-operation. If you are flexible it is very easy for you to cooperate ensure equanimity, empowerment, easiness and enthusiasm.

*Responsibility:* Responsibility means wanting to be answerable for one and to face a consequence of our actions and to give a response appropriate to the situation. He who assumes his responsibility acts as a free person. Acting responsibly means being reliable, punctual and dependable. Responsibility means to recognize what you have to do and what you have not to do. It means saying true to the aim and duties are carried out with integrity and with a sense of purpose. Moral responsibility is reliable, dependable, and willing to take accountability for who they are and what they do. "The price of greatness is responsibility". Sir Winston Churchill.

### *Social Values*

Societal values are concerned with protecting and caring for the community, maintaining the integrity and cleanliness of the environment, ensuring that the social infrastructures remain in good order and promoting good citizenship and customs. It ensures the continuity and consistency of the social system which comprises, for instance, educational institutions, security, and communication systems. Social values consider personality differences across individuals who lead to a range of preferences for one's well-being and the well being of others. Social Values are based on the assumption that individuals pursue different goals when making decisions for

which the outcome affects others.

*Simplicity:* Simplicity is beautiful and harmonious. Simplicity in art means simple lines and the essence of form and color. A picture becomes a symbol when the details have been simplified to their essence. It refers to clarity of expression with no distortion in written and verbal communication. Many people who choose to live simply are in tune with the rhythms of nature. In this time of more complexity and hurry, there is no more important personal value than simplicity. Simplify a work not only streamlines it but makes it more effective and productive, leading to greater results when compared to its former complex arrangements.

*Flexibility:* Flexibility is the subtlety of thought. If there is a complex flow of new feeling. It is an expression of joy, an unbidden somersault in to the air, suppleness of mind and body together. It also means moving with the time, slipping through life as gently and strong as possible.

*Humility:* Humility exists when you have melted your false, ego or arrogance. It contains a genuine sense of self respect. It also means you accept the people, circumstances and events you cannot change. Humility is to let go and let be. A person with Humility has emotional maturity. It exists when you have melted your ego or arrogance. Humility means you accept the people, circumstances, and events you cannot change. It is to let go and let be. It eliminates possessiveness and narrow vision. It greatness and politeness. A person with humility has emotional maturity and is stable and unaffected by external vicissitudes.

*Reliability:* Something or someone that is reliable can be trusted or believed because they work or behave well in the way you expect. It is the ability of a person or system to perform and maintain its functions in routine circumstances, as well as hostile or unexpected circumstances. It means that others can depend on you to keep your commitments. "The shift of fortune tests the reliability of friends." Cicero Glerio An.

*Equanimity:* Equanimity is essence and goal of many spiritual teachings and practices. It means to maintain inner balance in the face of success and failure, riches and impoverishment, praise and blame. There are ups and downs in every turn of life. A person in equanimity in the face of opposing realities is emotionally stable and free. Circumstances come to test you and if you take them at face value you get pushed and pulled in all directions.

*Freedom:* Freedom is the power to make informed decision and exercise your rights. This is the power

of choice. Freedom means you are free to enjoy your right to think speak and express yourself according to your conscience. True freedom is experience and experimented when parameters are defined and understood. Parameters are determined by the principle that everyone has equally the same rights.

*Unity:* Unity means to create harmony and agreement with others. It is build from a shared vision which gives the courage to accomplish seemingly impossible tasks. It intensifies feelings of belonging and commitment. Unity is built from a shared vision which gives the courage to accomplish seemingly impossible tasks

### *Cultural Values*

Cultural values give importance to preserving cultural practices, ceremonies, traditions and way of life which might be threatened by the materialist culture of modern times. They maintain integrity of language, behavior, and traditional rites, such as marriages or funerals. They cover art, music; literature and architecture in a general way and at the same time dictate matters of taste, dress, and hospitality, codes of conduct and protocol of ceremonies, festivals and honored guests. Cultural values reflect an individual's ability to synthesize and extract aspects valuable to them from the multiple subcultures they belong to.

*Acceptance:* Acceptance means that you have come to terms with something, such as your situation in life, the people in your environment, your ambitions and hopes. Whenever you become a barrier of arrogance, you experience a sense of profound acceptance. One of the sign of an ego problem s the refusal to accept something, whether it is criticism, correct on, or the fact that you were wrong, that someone else is more talented, competent etc. When you each acceptance you find peace. Each person is unique in the world; each one has his own style, nature and specialties, strengths and weaknesses. No two persons are alike every live in the same environment. We should accept people as they are without anything their weakness.

*Protection:* If you don't know the enemy you will be poorly equipped to protect yourself. Anger, greed, lust and attachment are the enemies within the self and in others. To enable men to exercise that power is the power of protection. The best protection any woman can have is courage. A man with convictions finds an answer for everything. Convictions are the best form of protection against the living truth. Max Frisch. A man without vote is man without protection Lyndon B. Johnson.

*Tolerance:* Tolerance is peaceful co-existence and the ability to keep on going. It is the ability to allow the existence, occurrences or practice of something you do not necessary like or agree with, without interference. It is the inner strength to face and transform difficulties with depth and maturity. When there is lack of love there is lack of tolerance. It is an inner strength which enables the individual to face and transform misunderstandings and difficulties. It develops the ability to accommodate the problems of everyday living. With tolerance power you are never afraid. There are five tests of tolerance. One is bad language and assault from other people. The second is the test of obstacle that comes through circumstances. The third occurs when people you trusted turn against you. The fourth is people's discontent with you over small and large matters, and the fifth is physical, mental, and emotional pain or illness.

*Non-Violence:* Non- Violence does not only mean not to wound physically but also means not to wound with words or thoughts. It means realizing of God. Non violence leads to the highest ethics, which is the goal of all evolution. It requires a double faith, faith in God and also faith in man. Non- violence and truth are inseparable and presuppose one another. Non violence and truth are inseparable and presuppose one another.

*Generosity:* Generosity emerges from the spiritual values on which you base your life. Your principled actions create a substantial but intangible wealth that you can draw upon whenever required. You have greatness of sprit do not condemn easily but consider the evidence impartially, without getting emotionally involved. Attention is rarest and purest from generosity. Simone Weil.

*Sincerity:* Sincerity is a thought comes from the real truth. There is physical, vital and mental sincerity. E.g. Physical sincerity is where your physical actions match is you intensions. Vital sincerity is reasoned and real to begin with. Further it means to understand and accept in the mind the highest ideas of the inner divine. The mind has a personality of its own belief, preferences, traditions, habits etc. The secret of success is sincerity –Jean Giraudoux.

*Obedience:* Obedience brings stillness. Not the stillness of any movement, but the stillness of everything moving in right direction naturally. Keep the rules and you are totally free. To be still inside, to be obedient to your own principles is one thing, to follow the teacher, silently harmonizing, is also one thing, but to be obedient to circumstances is another. Obedience is fruit of faith. Christina Roosevelt.

### *Spiritual Values*

Spirituality is various way of living. It is a science that facilitates better living. It develops harmony between individuals and the society. Spirituality is not religion it is a practice. Regular practice of any spiritualism will develop a wholesome personality in due course. Purity in thought, word and deed will be obtained naturally by practices of spiritualism. Spirituality in profession will bring growth for the person and the organization. Spiritual values explore the concept of values based management strategies that can both improve the bottom line and strengthen a company's relationship with customers, employees, vendors, the environment, and the world at large.

*Introspection:* The greatest key to inculcation of divine virtues is introversion. Introversion necessitates speaking only what and when we must which saves time and energy. Where talk is useful I take part with enthusiasm and delight. Introversion does not only refer to being physically silent but as much as possible having attention on one's internal stage and progress. Introvert prefers to concentrate on a single activity at a time and like to observe situations before they participate. Success can be achieved through repeated introspection.

*Peace:* Peace is simply being it consists of pure thoughts, pure feelings and pure wishes. It automatically puts thing and people in to balanced order. It is the foundation of healthy and functional society stand. Peace is attained when you remember to let situations and events are what they are and become a detached witness. It is creation of positive powerful thoughts.

*Courage:* Courage is termed a virtue when a person performs acts of courage regularly and frequently. Courage takes the form of value when a person recognizes and avoids its opposites, cowardice. Fearsome situations that demand courage are test of courage. Courage is cultivated by repeatedly facing fearsome circumstances, so the person who believes in the value of courage shuns cowardice as a weakness. Courage is boldness and fruit of consistent effort to play life by the rules.

*Self Authority:* Self authority was about self control and was most needed when we are provoked or when no one is looking. It is during these times that we needed to exercise authority over self. It is being responsible for our own decisions regarding our self care as opposed to relying solely on the opinion of authorities or others. Developing emotional intelligence is one aspect of developing self authority. "Self mastery is the greatest achievement thereby the mortal becomes immortal". Thyumanavar.

*Self-Sovereignty:* Self-sovereignty is nothing but consciously present monitoring whatever we do. It is essential human characteristics make us a self – sovereign individual with the use and control of our own body and mind and need to use according to our individual purpose. Only you can control your body, you actions, and the course of your life and there is a certain feelings of power involved in recognizing on are self sovereignty.

*Dedication:* Dedication is a solemn commitment of our life or our time to some cherished purpose. It is a complete and wholehearted devotion, especially to a career, ideal etc. Confidence is the result of hours and days and weeks and years of constant work and dedication. Creative dedication minority has made the world better. Dreams and dedication are powerful combination. William Longwood.

*Self-Actualization:* Self Actualization means realistic orientation avoidance of stereo types and there is a great deal of spontaneity and creativity. Development is based o the acquisition of knowledge, understanding and experience. Inside yourself is a place where you live all alone and that is where you renew your springs that never dried up. Pearl S. Buck.

### *Values are Spiritual Skills*

Values are universal ideas of conduct that are intrinsically accept as self evident truths of life, accomplishment, human relationship and spiritual progress. Adherence to high values calls forth the greatest intensity of action and makes possible the highest levels of human accomplishments materially, socially, psychologically, and spiritually. Life is wider than the society, family, and culture. History is a series of events. Human existence becomes history when people have lived long enough worthily. Civilization rises to culture when the values of life are integrated with its living. The ultimate spiritual it is pure being. The being is consciousness. The consciousness of being is bliss. Infinity, Eternity, Peace, Silence, Unity and Truth are aspect of pure Being. Knowledge, goodness and power are aspect of consciousness. Beauty, Love and Joy are aspect of Bliss. The Integration of these values reality is the highest of all human pursuit. To establish these values in one's life is a full time pursuit, which is yoga.

### *Values Convert Energy into Result*

Values are universal principles or ideas that we implicitly accept as guidelines for action. Values are a primary determinant of human accomplishment. Accomplishment is the process of converting human

energy in to results. The energy released by aspiration is given a direction which converts it in to power. When power is expressed through skilled action it generates results. The magnitude and quality of the accomplishment depend on the energy, direction, organization and the skilled applied. Interest, commitment, determination, passion, drive, enthusiasm are some of the ways in which we characterize the intensity of our psychological energy. As physical skill directs our physical energies to produce results, values direct our psychological energies for accomplishment. We can energize our life by making the full effort to implement the values we subscribe to. Once we identify values that are meaningful to us, we can develop strategies to implement them. We may even notice that as we implement values, we experience instances of life response where good fortune suddenly comes to us from seemingly out of nowhere, defying our normal perceptions of what is logical and possible.

### Conclusion

Behavior is a focus in Environmental studies. There always has been a debate between nature and nurture. It is the environment in which values do play a role in the behavior of an individual. Ethical values denotes something's degree importance, with the aim of determining what action or life is best to do. These values must be absolute to overridden any human rationalization, weakness, ego or personal faults. Family values are political and social beliefs that hold nuclear family to be the essential ethical and moral unit of society. Family values are important in building trust and confidence in each family member. The family has a rich and deep tradition of forming the basis of all cultures. Family values support the quality of family life. Professional values helps in work with others, in relationship with group, competition, decisions, influencing people, work alone, Knowledge, Creativity, Aesthetics, Supervision, Change and variety, Security, Fast pace, Recognition, Adventure, Gain, Independence, moral fulfillment, Flexible schedule, and status. Naturalize believes that the society depends on natural order. Individual man is the child of society as a matter of exigency. Thus social values are synthetic and bind individuals together. Man may be considered as an important social value. Social values are those values that are connecting to our neighbors, community, society, nation and the world. Cultural values refer to those values that are cherished and practiced for the preservation of a particular culture. It is defined a set

of beliefs values and behaviors. Cultural values in a home become social values in a society. Traditionally being spiritual signified having an attachment to religious values, or matters of the spirit, rather than material or worldly interests. I consider spirituality to be a state in which we are connected to God, Nature, each other and the deepest part of ourselves. Physical values express in how carefully and reliably we handle material things. Vital values express in how pleasantly, harmoniously, generously we relate with other people. Mental Values express in honesty, truthfulness, trustworthiness and idealism. Spiritual values express our faith, sincerity, patience, perseverance, goodwill and self giving. At a certain points the human and spiritual values come together and blend into one another, expressing through spiritualize human values such as selflessness, self giving and gratitude. Thus Values are powerful determinants of fulfillment accomplishment, evolution, and progress. It can address to varying degrees are character, moral development, Religious Education, Spiritual development, citizenship education, personal development, social development and cultural development. Although environmental study focuses on systematically studies human interaction with the environment in the interests of solving complex problems but it is also known as human factors science behavior studies. Therefore Environment and Values are closely related fields. Good character is the outcome of practicing good behavior and Good behavior is the resultant of adopting moral values. Thus ethical decisions are the outcome of having clarity in values. Value based employees are internally motivated persons, naturally inclined to work create opportunities, multi-skilled, proactive, create friends, face problems, with a feeling of We. Value based persons have alternate ways of thinking and are detailed in approach, accept system and strive to improve on it. Life becomes blessings and gets filled with happiness when one practices honesty, locality, integrality, and compassion.

### References

1. Stapp, W.B. et al. The Concept of Environmental Education. *The Journal of Environmental Education*. 1969; 1(1): 30-31. [https://en.wikipedia.org/wiki/Environmental\\_education](https://en.wikipedia.org/wiki/Environmental_education).
2. A dinarayan, S.P. *The Human mind*, Hutchinson University Library, London. 1962.
3. Anand, B K, Chhina, G S and Singh, B. Some aspects of electroencephalographic studies on yogis. *Electroenceph. Clin Neurophysiol*. 1961; 134: 452-456.



4. Ardian E.D. The Physical background of perception, Clarendon Press, Oxford, weidenfeld and Nicholason, London. 1977 January; Second Impression, 194-195.
  5. Benito F. Reyes. Scientific evidence of the Existence of the soul, A quest Book, Pub.House . Wheaton, III , U.S.A. 1970.
  6. Datey, K.K., Deshmukh, S.N., Dalvi, C.P. and Vinekar, S.L. Shavasna- A yogic exercise in the management of hypertension. *Angiology*. 1969; 20: 325-333.
  7. Edwin Grant Conklin. Hereditary and Environment in the Development of men. Princeton University Press, Princeton. p39-60.
  8. Charles Furst, Origins of the mind, Mind Brain connections. Prentice Hall, Inc, Eaglewood Cliffs, New Jersey. 1979.
  9. James M. Ford and James E. Monroe. Living Systems, Principles and relationships. Canefield press, Harper and row publishers, Inc, New York, 1977.
  10. Edmond W. Sinnott: The Bridge of life from matter to sprit. Simon and Schuster, New York. 1966; 128.
  11. Kocher, H. C. 1972 a yoga practice as a variable in neuroticism, Anxiety and Hostility. *Yoga- mimansa*. 1972; 34-40.
  12. Sherrington, C.S. Man on his nature. Cambridge University press, London. 1940; 43.
  13. Bhaskar, S. Professional ethics and human values, Chennai: Anuradha Publications. 2010; 1.
-