

Why i should tell you, first should give me worm hug and quite smile.

LILY

MERRY

Please tell me first, i am in tense, please tell me, please please.....

Ok, dear do't be in Hurry first fullfill my demand, lwill tell you a beautiful story

LILY

MERRY

prStory, which type of story you are going to tell, I believe it's not a solution of problem

Problem! Solution which kind of solution, solution of what problem

LILY

MERRY

Don't be silly, this is rediculous.....

To be continued.....

Prem Singh



WHAT MUMS NEED TO KNOW ABOUT THEIR SONS

Sunita, is mother of two kidsone boy Sonu and girl Kanu. Both of them are studying in other cities and staying in hostels.

She finds it easy to deal with her daughter but when it comes to Sandeep--- invariably there is exchange of hard words and feelings hurt! Many times she needs help of her husband.



One day, finding it difficult to solve some problems Sunita landed in a counselor's office. Sonu is a teenager and he is facing some problems in his hostel but when it comes to sharing the thoughts he prefers the e-mail of his dad. "With me he only shares the thoughts about food and clothing rest all the discussion is with dad" Sunita told me the other day.

"She feels bad as a mother!"

She feels as if she has lost confidence of her son or may be he no longer loves her. This type of feeling is hurting Sunita. "What is it with boys?" Many a mother has asked, trying to understand her son's behavior. Mums instantly know how a daughter's mind works, but as for their boys well, they seem to be wired differently.

Biology plays a part; male hormones influence the development of boys physically from puberty onwards and may also help shape their mental and emotional make up. And then there is upbringing.

Psychologists have observed what they call the 'boy code'a set of behaviors encouraged by parents, teachers and coaches, and reinforced by peers. "For example our culture insists that boys be stalwart and stoic; rather than act lonely or sad or fearful." Said the psychologist Mrs. Natkarni.

The boy must turn away from his mother to find himself. And in doing so, he needs to turn towards images of maleness that are powerful and attractive enough to compensate for his mother's enormous power over him.

The boy's need to differentiate himself from his mother has consequences for adult relationships. Men need to get away, into the world of work or the company of other men, to replenish their sense of other men. The trouble is, almost everywhere men go now there are women.

According to Richard Robertiello, a New York psychoanalyst, this may be one of the reasons for male depression today. "Men have to spend time with other men as companions," says Robertiello. "That strengthens their masculinity."

"Clinging fearful boy who was some what clumsy and compulsively clean, was not permitted to roam the neighborhood because of his mother's constant fear that he might be injured by the "rough" neighborhood boys. This mother also



protected him against any anger from his large imposing father. Roughness noise and physical risks were not allowed. Over protectiveness may be a symptom of the mother's psychological problems.

According to a study by Marantz and coats (1991) mothers of boys with gender identity disorder have higher rates of depression and borderline personality disorder than mothers of normal controls.

According to Wolfe (1990) mothers of boys with GID report more psychopathology on symptom check lists and meet criteria for more psychiatric diagnosis, social adaptation, depression and hostility."

What is unique in the situation with children who develop a gender identity



disorder is the occurrence of a multitude of factors at a sensitive period in the child's development that is most typically in the first few years of life the period of gender identity formation and consolation, there must be sufficient number of factors to induce a state of inner insecurity in the child, such that he requires defensive solution to deal with anxiety.

HERE ARE SOME THOUGHTS TO HELP THE PUZZLED MOTHERS

You want to talk to him---but he-----?

Son has not communicated for a week mom is naturally worried!

"I am sleeping, why you are disturbing me!" he almost shouted when mom called on his mobile. Mom dear has spent hundreds to install a "World phone" and bearing the monthly expense of thousands just to hear the voice of her son but all in vain!

Mother and the son think at different wavelength! Their thinking and emotional reactions are different. This truth of life every mother has to face at one or the other time in her relationship with her son.

Don't think that doing work for your son is going to please him----it is other way round

Renu opted to do his B-com from another city. "Why don't you do it in your own city? You could have stayed at home." I asked "Aunty there is a problem. If I am at home my mom try to do every thing for me. She does not realize that I am big enough to manage my affairs. To avoid this uncomfortable situation I opted to study in Pune." Renu explained very seriously.

So may be it is high time for mothers to shed their overpossesiveness and leave them free!

He is rough and tough!



Mothers know about boyish energy of their sons---the constant running, jumping and yelling. But what about--- when he becomes aggressive!

Most males are more muscular and aggressive than most females. This difference shows up early in childhood. Boys engage in more rough and tumble play than their sisters, while the verbal and social skills of girls are more highly developed at an early age.

Many researchers believe that these differences are programmed into a boy baby by the male hormone testosterone. "It is probable that the young male has a biologically given need to prove himself as a physical individual.

Women can help men get in touch with their masculine roots by accepting men's need to be alone together at times and by respecting the father son bond.

"A man needs a woman who affirms his masculine power, enjoy it, enhance it and get something from it rather than envy it and try to destroy it.

Help but be invisible!

Moms have a very important role to play in bringing out the correct physical aspects of their boys. They have to be taught in early childhood limits of aggression, how far they can go safely without injury, how to be aware of others feelings. "Boys who learn those limits are less likely to have temper tantrums or aggressive out bursts later. But mother have to do it all very tactfully.

He has a violent imagination

Boy's physical aggressiveness has corresponding mental aspect that also worries some mothers. Alarmed by media

reports of violence in schools, their instinct is to keep the toy guns and disturbing video games and movies out of their son's hands, so they won't be tempted to violent behaviour. But these mums discover that their son's imaginations will often take over.

He doesn't open up easily

When Sonia called her son, he was upset. But he refused to share his problems with his mom. A girl who has been angered or embarrassed is likely to rush to her mother's arms and tearfully blurt out her story.

Boys generally try to work out their problems on their own, not wanting to appear to be "babied".

If you want to talk to boys about something that's bothering them, says Nigam the psychologist-- try approaching the conversation indirectly while participating in some activity.

"When two women want to talk bout something intimate they will sit down, face each other ask "How do you feel?"

Males often converse without looking at each other. " If you watch two guys, they will talk while doing something else, like watching a Cricket match and yet the most personal topics will come out, bit by bit, with never an embarrassing glance at each other.

"A mother who helps her son fix his bicycle," Nigam adds, "might learn during casual conversation than she could ever squeeze out face to face across the dinner table."

Mrs. Govind had learnt this lesson. She wisely waited for her son to emerge from



his room--- then suggested they go for a ride. Sitting side by side in the car, focused on other things, his story about being teased at school slowly emerged, and she was able to help by just listening.

He wants to strike a deal

Women usually seek agreement based on emotional bonding. Boys like to



negotiate. And they are good at it. They believe in fairness, they like to spell things out, and they like to see each side gets a square deal.

Boys are so much busy with so many things and with their short attention span they find it very hard to keep commitments. Nagging doesn't work, but other strategies

can.

Simi's son Raunak had agreed to keep his shoes in the shoe rack but in his natural exuberance he kept forgetting. So she found way to remind him.

"Dear Raunak," began the note pinned on towel. "Did you keep your shoes properly otherwise, don't use me." The note made Raunak laugh but then he learnt to keep the shoes in shoe rack.

For all the worry, headaches and heart aches, the bond between mothers and boys is real. "I miss coming home, and finding my house occupied by an army, eating my food and making the whole house untidy," Venu says now that her sons are grown. "I miss the ringing phone. I miss the life the boys brought into the house. I must be nuts."

Dr. Kiran Bala



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